YUGANTAR EDUCATION SOCIETY'S



## SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001 Phone : (O) +91 712 2550695 Fax : +91 712 2550695 Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 18/04/2022

## To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology.

Nagpur.

Subject: Submission of report on World Health Day held on 18/4/2022

Respected Sir,

I undersigned, submit the report on activity on World Health Day by doing students Awareness about Yoga and performing Asanas for strong and healthy life, for the Academic Year 2022-23.

Thanking you,

Yours Faithfully

Event Coordinator

YOGESH MESHRAM

Assistant Professor Shri Balasahab Tirpude College of Hotel Management & Catering Technology, Nagpur





OFFICIATING PRINCIPAL Shri Balasaheb Tirpude College of Hotel Management & Catering Technology, Nagpur National Service Scheme Activity

Name of the Event: World Health Day

Date: 18 April 2022

Number of students :-12

Number of Participating Faculty Members 02

Contribution made by NSS fund

College Activity: students Awareness done about Yoga and they will be benefited for strong and healthy life.

Tasks Undertaken - Yoga Asanas

Feedback : students were happy to perform the yoga asanas

Achievements Yoga will help in making students healthy and increase their concentration becoming healthy citizens.

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