



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 13/01/2023

To,

The Principal,

Shri Balasaheb Tirpude College of  
Hotel Management and Catering Technology,  
Nagpur.

Subject: Submission of report on 'Celebration of Swami Vivekanand Rajmata Jijau Jayanti also known as National Youth Day' held on 12<sup>th</sup> January, 2023 for the Academic Year 2022-23 at Library, timing- 15.00hrs onwards.

Respected Sir,

I undersigned, submit the report on 'Celebration of Swami Vivekanand Rajmata Jijau Jayanti also known as National Youth Day' held on 12th January, 2023 for the Academic Year 2022-23 at Library, timing- 15.00hrs onwards.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Dr. Dipti Manapure

Event Co-Ordinator

Dr. Dipti S. Manapure  
Librarian

Shri Balasaheb Tirpude College of  
HMCT, Civil Lines, Nagpur

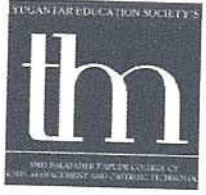
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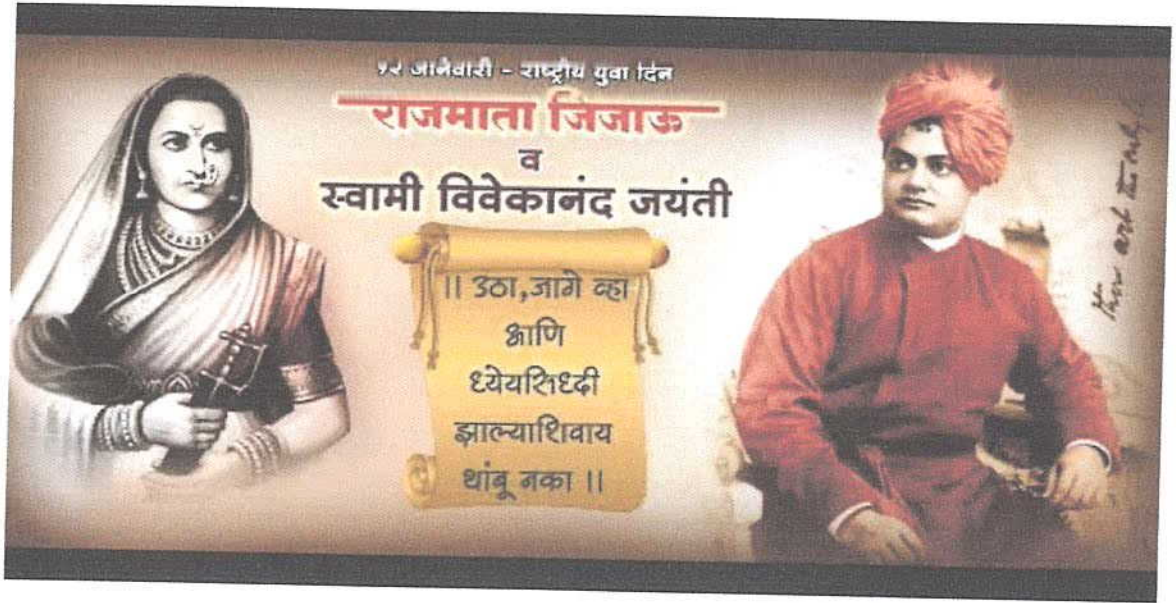
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



JANUARY 12, 2023



# REPORT ON SWAMI VIVEKANAND AND RAJMATA JIJAU JAYANTI (NATIONAL YOUTH DAY)



## SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT AND CATERING TECHNOLOGY, NAGPUR

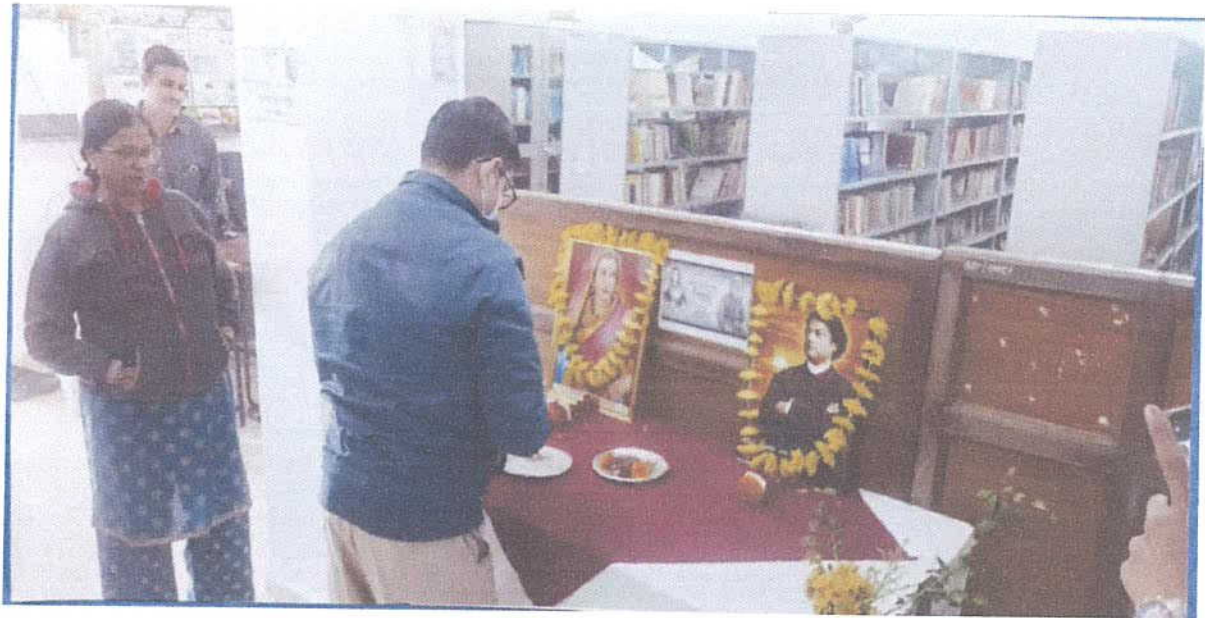
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College of Hotel Management  
& Catering Technology, Nagpur



Birth Anniversary of Swami Vivekananda and Rajmata Jijau celebrated at college at 2:00 pm on 12<sup>th</sup> Jan 2023. Yug Purush Swami Vivekananda's birthday is celebrated as a national youth sday all over India. He took the importance of Hinduism across the Seven sea, established the 'Ramakrishna Math and Mission' and created a sense of service to the world and said the main mantra 'Shivbhati Jivaseva'. Also, the birth anniversary of Rajmata Jijabai Shah, who supported Hinduism during the reign of Mughals, is on 12 Jan. Nakyavai had a big hand in making Shivaji Maharaj celebrated Birth anniversary of Jijabai, who said that if Shivaji Maharaj wants to rule, he should establish a fort first 2 was celebrated in the library of the college. The program was attended by a large number of students and professors.



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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





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College of Hotel Management  
& Catering Technology, Nagpur





YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

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Email : tirpudehmt@gmail.com, Visit us at www.tirpudehmt.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 14/03/2022

To,

The Principal,

Shri Balasaheb Tirpude College of  
Hotel Management and Catering Technology,  
Nagpur.

Subject: Submission of report on 'Celebration of International Women's Day' held on 8<sup>th</sup> March, 2023 for the Academic Year 2022-23 at Training Restaurant and Bar, timing- 10.00hrs onwards.

Respected Sir,

I undersigned, submit the report 'Celebration of International Women's Day' held on 8th March, 2023 for the Academic Year 2022-23 at Training Restaurant and Bar, timing- 10.00hrs onwards.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Ms. Nitu B. Jaiswal and Dr. Dipti Manapure

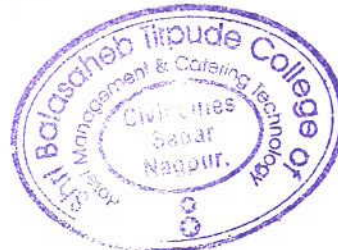
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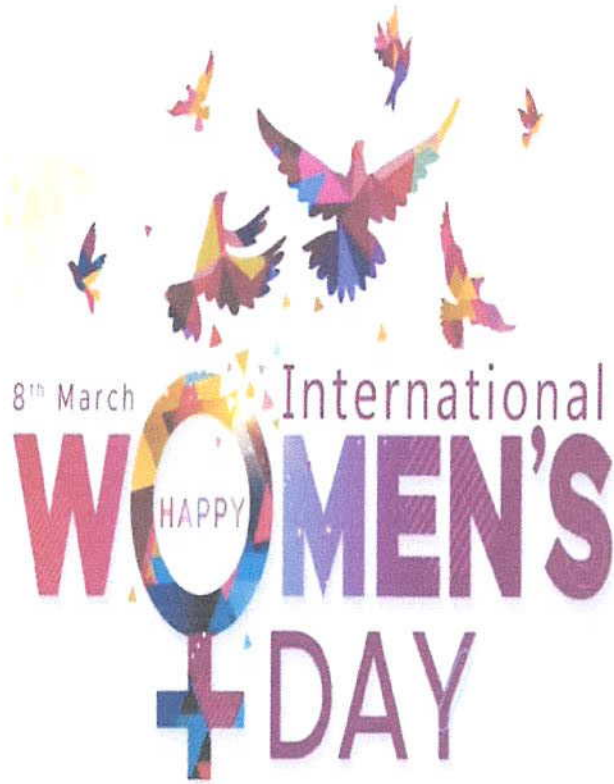
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Dr. Dipti S. Manapure  
Librarian  
Shri Balasaheb Tirpude College of  
H.M.C.T., Civil Lines, Nagpur

OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

Event Co-Ordinator  
**NITU JAISWAL**  
Assistant Professor  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





# REPORT ON INTERNATIONAL WOMEN'S DAY CELEBRATION

@ SHRI BALASAHEB TIRPUDE COLLEGE OF MANAGEMENT AND CATERING TECHNOLOGY

**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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**ICC AND NDLI**

Submitted by: Nitu B. Jaiswal

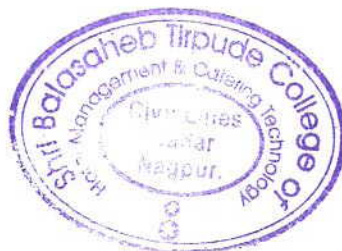
The International Women's Day celebrated in many countries around the world. As United Nation describe International Women's Day (IWD) is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality. Where, Hospitality industry is considered as one of the forerunners in driving growth among the service sector in India and as the bedrock of tall travel and tourism-related activities, generate huge employment opportunities both directly and indirectly. With mor and more women stepping into the industry, their contribution to the sector has increased as an attractive industry that sees women workforce across levels their participation had been underrepresented in management and leadership roles.

However, this scenario is changing now as women in the hospitality industry are shattering all stereotypes and taking up major roles in the hospitality industry. Women are increasingly occupying managerial positions in the industry along with taking firm steps towards successful careers and making their mark prominent with their hospitality instincts. They are seen in mid as well as senior managing including having board positions and also creating an encouraging environment for the other women to match their footsteps which leads to increase the number of female students in college campus. Hence, Internal Complaint committee and National Digital Library of India of Shri Balasaheb Tirpude College of Hotel Management and Catering Technology celebrated this International Women's Day showcasing their gratitude toward various women's already leading in hospitality sector and students who will be joining them soon.

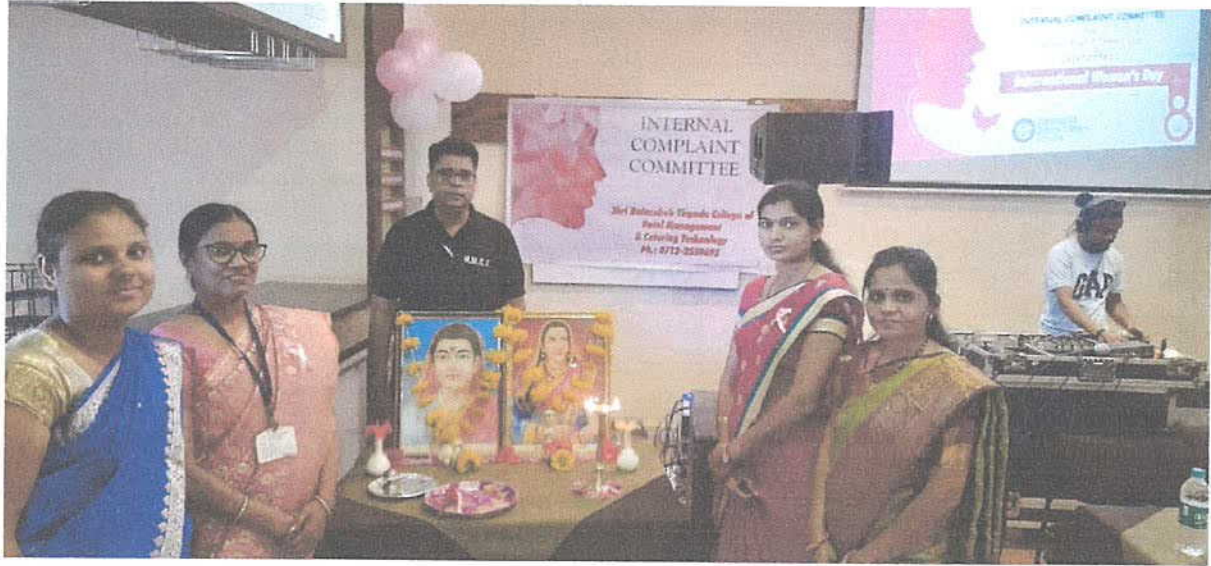
Drape of India was the theme for this celebration conducted at training restaurant and bar. Event anchor Dr. Dipti Manapure commences the celebration by welcoming Ms. Ghana Tirpude to this event by generous floral bouquet offered by Mr. Akshay Dandale, the principal of the college. Followed by Ms. Sanskruti Bhandarkar BHMCT final year student presentation on womens leading hospitality industry today. After that Ms. Ghana Tirpude address the students to acquire new technology to advance their knowledge and skill for this industry, later vote of thanks presented by and Ms. Surabhi Kelwadkar BHMCT final year student followed by DJ session along with snack for female student.

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*A. Dandale*  
**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



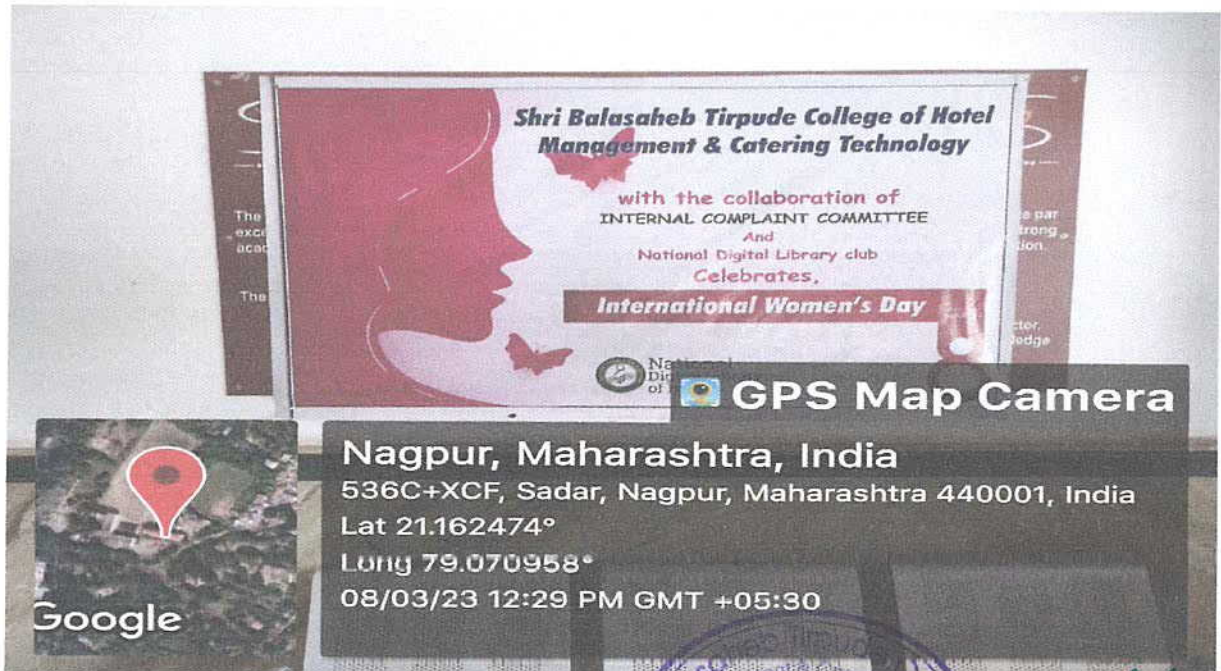
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College of Hotel Management  
& Catering Technology, Nagpur





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## Women's Day Celebrations

Course Name BHMCT-IV

| Sr. No. | Student name        | Signature          |
|---------|---------------------|--------------------|
| 1.      | AKshada Rajurkar    | <i>[Signature]</i> |
| 2.      | Shrusayu Gawande    | <i>[Signature]</i> |
| 3.      | Hemlata Kalamkar    | H. Kalamkar        |
| 4.      | Sayali Kawade       | <i>[Signature]</i> |
| 5.      | Ashlisha Mandape    | <i>[Signature]</i> |
| 6.      | Vaishnavi Manwatkar | <i>[Signature]</i> |
| 7.      | Madhulika           | <i>[Signature]</i> |
| 8.      | Mangsi Kethekar     | <i>[Signature]</i> |
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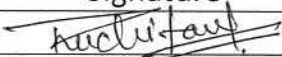

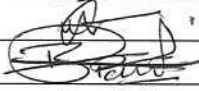
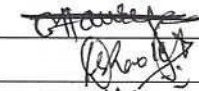

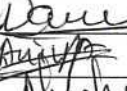
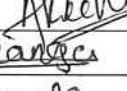
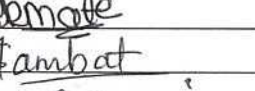
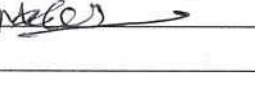
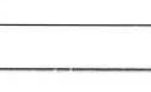
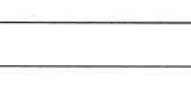
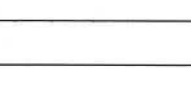
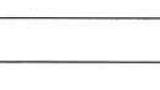
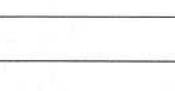
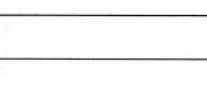
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**OFFICIATING PRINCIPAL**  
Smt. Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

# Women's Day Celebrations

Course Name BHMCT-VI

| Sr. No. | Student name                         | Signature   |
|---------|--------------------------------------|---|
| 1.      | Ruchi ta - Bokde                     |    |
| 2.      | Bhumika shingale                     |    |
| 3.      | Yugeshwar Dongu                      |    |
| 4.      | <del>Bhumi</del> <del>Patil</del>    |    |
| 5.      | <del>Rishika</del> <del>Monyet</del> |    |
| 6.      | Jeevashree Rale                      |    |
| 7.      | Nidhi chore                          |    |
| 8.      | Vaishnavi Sontakke                   |    |
| 9.      | Tanvi bhagmare                       |    |
| 10.     | Smruti Dru                           |   |
| 11.     | Aaditi Kehe                          |  |
| 12.     | Riddhi khargan                       |  |
| 13.     | Shreea Mate                          |  |
| 14.     | Sunilki lambat                       |  |
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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## Women's Day Celebrations

Course Name BHMCT-VIII

| Sr. No. | Student name         | Signature                   |
|---------|----------------------|-----------------------------|
| 1.      | Sanskriti Bhandarkar | <i>Sanskriti Bhandarkar</i> |
| 2.      | Surbhi Kelwadkar     | <i>Surbhi Kelwadkar</i>     |
| 3.      | Mangiri Admane       | <i>Mangiri Admane</i>       |
| 4.      | Rimple Krapekar      | <i>Rimple Krapekar</i>      |
| 5.      | SHUBHANGI PATIL      | <i>Shubhangi Patil</i>      |
| 6.      | Achal Towar          | <i>Achal Towar</i>          |
| 7.      | Bhavika Raut         | <i>Bhavika Raut</i>         |
| 8.      | Amisha Morya         | <i>Amisha Morya</i>         |
| 9.      | Sanika Junghare      | <i>Sanika Junghare</i>      |
| 10.     | Ananya Chemshe       | <i>Ananya Chemshe</i>       |
| 11.     | Nidhi Chaudhe        | <i>Nidhi Chaudhe</i>        |
| 12.     | Shruti Dudhalkar     | <i>Shruti Dudhalkar</i>     |
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& Catering Technology, Nagpur

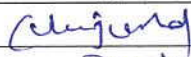

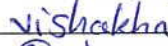

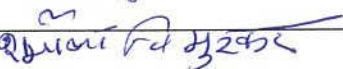
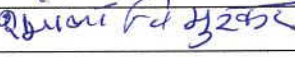
# Women's Day Celebrations

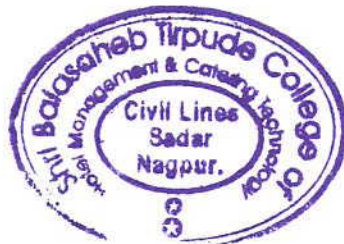
Course Name BHMCT - II

| Sr. No. | Student name | Signature |
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# Women's Day Celebrations

## Faculty/staff registration

| Sr. No. | Student name         | Signature   |
|---------|----------------------|---|
| 1.      | Mrs. Manjusha Bobade |  |
| 2.      | Dr. Dipti S. Manapur |  |
| 3.      | Vishakha Shende      |  |
| 4.      | Pani A. Wankhade     |  |
| 5.      | Nima                 |  |
| 6.      | Shrmiha Chimuskar    |  |
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& Catering Technology, Nagpur



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

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Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 07/04/2023

To,

The Principal,

Shri Balasaheb Tirpude College of  
Hotel Management and Catering Technology,  
Nagpur.

Subject: Submission of report on 'First Aid Training Programme' by Jeevan Raksha, dated on 5<sup>th</sup> and 6<sup>th</sup> April, 2023 at Training Restaurant and Bar for the Academic Year 2022-23 between 12 hrs-17.00hrs.

Respected Sir,

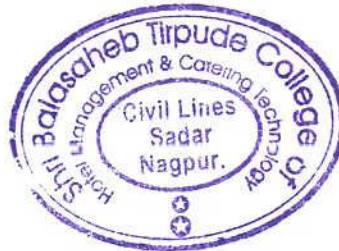
I undersigned, submit the report on "First Aid Training Programme" by Jeevan Raksha, dated on 5th and 6th April, 2023 Training Restaurant and Bar for the Academic Year 2022-23 between 12 hrs-17.00hrs.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

**MS. Mitu B. Jaiswal**  
Assistant Professor  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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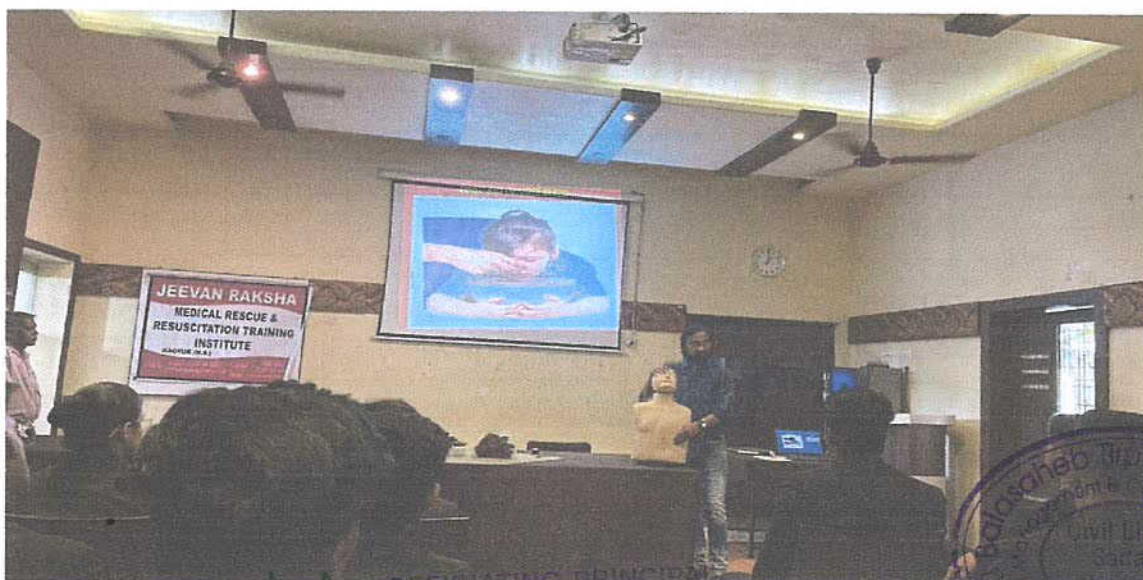
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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## Report on First Aid Training Programme by Jeevan Raksha for BHMCT Semester- V 2022-23

Since 2018 Shri Balasaheb Tirpude College of Hotel Management and Catering Technology used to organised the First Aid Training Programme of Fifth Semester but due the restrictions of pandemic this was first training to dealt with casualties. A training programme on First Aid has been Conducted by Director of Jeevan Raksha Which is Charitable organisation working into the field of First-Aid and Resuscitation Training for or than 20 years. The even waw conducted on 5<sup>th</sup> and 6<sup>th</sup> April 2023 at the Training Restaurant, for BHMCT Semester- V Students. 54 students were benefited by the training along with Assistant Professor Mr. Bhupendra Shinde. Acting Principal Mr. Akshay Dandale Welcomes Delegates from Jeevan Raksha while the objective of training and introductions were presented by Assistant Professor Ms. Nitu Jaiswal. Both the sessions on First Aid were facilitated by Dr. Shyam Laddha Director, Jeevan Raksha.

The training focused on Aim of First Aid, how to perform CPR, Choking, wound care, how to manage every day minor accidents and learn how to treat an unconscious and breathing casualty and manage minor cuts, grazes, bleeding and burns. First Aid generally consists of a series of simple and in some cases, potentially lifesaving techniques that an individual can be trained to perform with minimal equipment.



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Tirpude College Nagpur &lt;tirpudehmct@gmail.com&gt;

## First Aid Training To Students

3 messages

**Tirpude College Nagpur** <tirpudehmct@gmail.com>  
To: sagar laddha <Sagar.jrct@gmail.com>

15 March 2023 at 16:04

Respected Sir,

We are leading a Hotel Management College running four years degree in Hotel Management and Catering Technology. As per curriculum, third year students have first aid training in practical. We have total 59 students 01 faculty in bhmc third year batch. which can be divided into two batches for training for two day training session.

We are planning to organize first aid training on 5th (Wednesday) and 6th (Thursday) April 2023 between 12.00 to 5.00 pm.

This is a kind request to provide the best proposal from your side. Please find the contents of their syllabus attached with this mail.

Thanking you,

Nitu B Jaiswal  
Assistant Professor

--  
Regards,

Shri Balasaheb Tirpude college of Hotel Management and Catering Technology  
1, Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur.  
Maharashtra. 440001



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



**JEEVAN SURAKSHA** <sagar.jrct@gmail.com>  
To: Tirpude College Nagpur <tirpudehmct@gmail.com>

15 March 2023 at 17:09

Dear Madam,

As per your telephonic discussion, we are providing you quotation along with training details (PFA).

The dates mentioned are tentative and not yet confirmed. Kindly confirm from your end so that we can mutually confirm and finalize the dates.

If any query please contact on +917448086327.

Awaiting your reply.

Admin Team.

Jeevan Raksha.  
Life Saved Family Saved!  
[Quoted text hidden]

 Training Details with quote-Tirpude college, 2023.docx  
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**JEEVAN SURAKSHA** <sagar.jrct@gmail.com>  
To: Tirpude College Nagpur <tirpudehmct@gmail.com>

1 April 2023 at 16:29

Dear Madam,

Please find attached revised quotation of the Training program. Earlier quotation was for 59 candidates. Revised quotation is for 60 candidates.

Training dates are 05th & 06th April, 2023. Time will be 12 noon to 05.00 pm.

Thank you.

Admin Team.  
Jeevan Raksha.  
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College of Hotel Management  
& Catering Technology, Nagpur





Tirpude College Nagpur &lt;tirpudehmct@gmail.com&gt;

## First Aid Training To Students

JEEVAN SURAKSHA <sagar.jrct@gmail.com>  
To: Tirpude College Nagpur <tirpudehmct@gmail.com>

15 March 2023 at 17:09

Dear Madam,

As per your telephonic discussion, we are providing you quotation along with training details (PFA).  
The dates mentioned are tentative and not yet confirmed. Kindly confirm from your end so that we can mutually confirm and finalize the dates.

If any query please contact on +917448086327.


Awaiting your reply.

Admin Team.

Jeevan Raksha.

Life Saved Family Saved!

[Quoted text hidden]

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## INDEX.

- Covering Letter.
- First-Aid & Resuscitation Certificate Course Training Details
- Training Syllabus.
- Registration Form.
- Brochure. [Hard Copy]On Demand.
- Visit our website: [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

### CONTACT US:

**Mobile No's:** 7148086327, 7387914477.

**Email:** [drshyamladdha@hotmail.com](mailto:drshyamladdha@hotmail.com)  
[sagar.jrct@gmail.com](mailto:sagar.jrct@gmail.com)

**Website:** [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



To,  
Nitu Jaiswal  
Tirpude College, Nagpur.

Date: 15/03/2023

**Subject: First-Aid Training Workshop.**

| DATE OF TRAINING WORKSHOP   | BATCH NO | TIME DURATION               | NUMBER OF PARTICIPANTS. | COOPERATION FEES.                               |
|---|----------|-----------------------------|-------------------------|---|
| 05 <sup>th</sup> & 6 <sup>th</sup> April, 2023<br>(yet to be confirmed) | Two      | 12.00-05.00 pm<br>(5 hours) | 59 (maximum)            | Rs. 47200=00 (forty seven Thousand two hundred) |

**Note:**

- Certificates & I.D. cards as a First-Aid Provider will be given to all the participants.
- If the participants are more than 59 then Rs. 800/ per head will be charged **Extra**.
- LCD Projector, **Collar Mike**, Laptop to be provided by Tirpude College, Nagpur at the venue. A technical person will be needed to handle the electronic equipment.
- 03 office tables will be required (to be provided by Tirpude College)
- Hands on practice to all 59 participants.

Regards.

**For SAGAR**  
[Admin Head]  
**JEEVAN RAKSHA.**  
**Life Saved, Family Saved!**

*Carry on ! "f*

*Arun*  
*15/3/2023*

*Arun*

**OFFICIATING PRINCIPAL**  
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& Catering Technology, Nagpur

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## Jeevan Raksha First-Aid and Pre-Hospital Management Training Details.

- [1] **Registration:** Restricted up to 30 candidates in one batch.
- [2] **Duration:** 05 hours.
- [3] **Venue:** At your premises.
- [4] **Cooperation Fees:** Rs. 47200/- (Forty seven Thousand two hundred) for two batches of 59 participants, with a charge of Rs. 800/- per head if number exceeds 59.

### Cooperation Fees Includes:

- [a] Power point presentation.
- [b] Practical Demonstration on various Manikins.
- [c] Skill Stations: Hands on Practice for all participants.
- [c] Disposable Training Material.
- [e] Theory Examination [Objective type] and Practical Examination.
- [f] Certificates & I.D. cards as a "First-Aid Provider"

**NOTE:** 03 self photograph of stamp size to be given along with the registration form by all the participants.

---

[5] Letter of invitation by your company in the name of Director, Jeevan Raksha, Medical Rescue and Resuscitation Training Institute, Nagpur [Maharashtra], India.

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*A. K. Dandale*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## ARRANGEMENTS BY Tirpude College, Nagpur AT VENUE

1. LCD projector with screen.
2. 03 office tables.
3. **Collar Mike.**
4. Laptop.
5. Pointer.
6. Technical person to handle the electronic equipments.
7. Lunch for the faculty & accompanied staff.

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College of Hotel Management  
& Catering Technology, Nagpur

# JEEVAN RAKSHA

## Safety, First-Aid and Pre-Hospital Management

### Certificate Training Course Syllabus:

#### 1. Introduction

- \* What is First-Aid?
- \* Being a First-Aid Provider.
- \* Anatomy & Physiology. [In Brief]

#### 2. Action at an Emergency

- A. Disorders of the Respiratory System. [Cold to Asthma]
- B. Disorders of the Circulatory System. [Vertigo to Heart attack]
- C. Disorders of Nervous System. [Headache to Head injury]
- D. Wounds and Bleeding Management. [Abrasion to Stab injury]
- E. Bones, Joints & Muscle Injuries. [Soft tissue injury to Fracture]
- F. Burns & Scalds.[Minor to third degree]

#### 3. Road Traffic Accident safety & Prevention [In Brief]

#### 4. Management & Transportation of:

- a. Conscious and Unconscious Accident and Sudden Illness Victim.
- b. Wound Cleaning & Bandaging
- c. Crush Injuries.
- d. Bomb blast & Bullet Injuries

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e. Choking

f. Fire & Burns

g. Snake & Animal Bite.

h. Poisoning.

i. Other Miscellaneous Conditions.

[Blood Pressure, Diabetes Mellitus, Spondylosis, etc]

## 5. Practical Demonstrations [Skill Stations]

- \* CPR on Little Anni.[Artificial Respiration & External Chest Compression]
- \* Technique of Transportation for injured & unconscious victim with & without stretcher in ambulance and general vehicle.
- \* Ambu Bag/ Face shield mask Ventilation & External chest compression in Cardio- respiratory arrest condition. .
- \* Oxygen Supply on the spot and en-route to hospital.
- \* etc.

## 6. How to prepare First-Aid Kit FOR Personal/ Dept.

## 7. Certificates & Photo laminated ID Cards Distribution.

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*A. Dandale*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## RECOMMENDATION LETTER

I am recommending here with Ms/Mr/Mrs: -----

to Jeevan Raksha institute for the certificate training course in First-Aid & Pre-Hospital Management.

Date:

Name, Signature & Office

Seal of the Recommending Authority

For the use of Jeevan Raksha institute only.

Admission confirmed: YES/ NO      Batch No:

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# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Reference no: SBT/HMCT/IL/2023/ 375

Date: - 17/03/2023

To,

Dr. Shyam Laddha

Director,

Jeevan Raksha,

Nagpur

Subject: Invitation for First Aid Training provider on 5<sup>th</sup> and 6<sup>th</sup> April 2023.


Respected Sir,

With reference to above mentioned subject, we would like to invite you to organize first aid training for our students on 5th and 6th April 2023 between 12:00 noon- 5:00 pm. There will be total 59 students on roll divided into two batches and one faculty. All necessary requirements will be ready before your arrival as per guidelines. The venue for training will be Training Restaurant at our institute.

Hoping for long and meaningful association.

Thanking you,

Regards.

  
Nitu B. Jaiswal

(Assistant Professor)

9372167250





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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

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## NOTICE

17/03/2023

All BHMCT VI semester students are hereby informed that “First Aid Training” Program by Jeevan Raksha is scheduled on following dates:

Batch “A”      05/03/2023      Reporting time      11:45 am

Batch “B”      06/03/2023      Reporting time      11:45 am

Venue : Training Restaurant

Attending training program is compulsory.


Note: make sure to submit the registration form before as soon as possible. Please carry Scribbling pad and pen.

By Order

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# Batch wise Student List for First Aid Training 2022-2023

## Batch 'A'

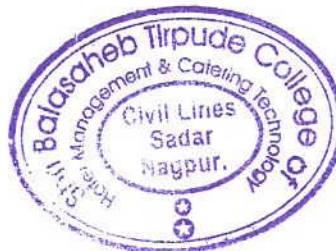
| Sr. # | Name of Student           | Sr. # | Name of Student              |
|-------|---------------------------|-------|------------------------------|
| 1     | AKASH MANOJ MISHRA *      | 16    | KYLE GORDON DIXON            |
| 2     | AADITI MANOHAR KECHE      | 17    | MANISH RAMESH KHOBRAGDE      |
| 3     | AKSHAT PRAKASH MANKAR     | 18    | MAYANK MAHENDRA<br>TEMBHURNE |
| 4     | AKSHAY ANIL DOD           | 19    | MAYUR RAJENDRA CHAMATKAR     |
| 5     | AMAN PRAVIN BELE          | 20    | MOHD. HASAN MEHDI HAIDRY     |
| 6     | ATHARVA NARENDRA NEWALKAR | 21    | MUKUL YOGESH GOTMARE         |
| 7     | AYUSH SHAMRAO WAKDE       | 22    | MUSKAN VIJAY CHACHDA         |
| 8     | BHUMIKA SUNIL SHINGARE    | 23    | NILESH PRAKASH DHAMANGE      |
| 9     | DEEP KISHOR SAYAM         | 24    | NIRAJ ANIL NAGMOTE *         |
| 10    | DEV RAJENDRA SHETTI       | 25    | OM SAHEBRAO DESHMUKH         |
| 11    | DURGESH ASHOK TICHKULE *  | 26    | PARAG RIMAJI URADE           |
| 12    | HARSH SANJAY DHARMARI     | 27    | PRANAY DINKAR ROKADE         |
| 13    | HIMANSHU SHARAD KAROLE    | 28    | PRATHAM DNYAESHWAR UIKEY     |
| 14    | HITESH PRAKASH DHARMIK *  | 29    | PRATHAM JAGDISH WAGHMARE     |
| 15    | KARTIK GOPALRAO CHOUDHARY | 30    | PURVA KIRAN LAKHEWAR         |

## Batch 'B'

| Sr. # | Name of Student             | Sr. # | Name of Student              |
|-------|-----------------------------|-------|------------------------------|
| 1     | PUSHPAK RAJENDRA KAHATE     | 16    | TANAY PRASHANT PATEKAR       |
| 2     | RIDDHI SANJAY KHANGAR       | 17    | TANMAY SHYAM YADAV           |
| 3     | ROHAN ASHOK BANKAR *        | 18    | TANVI SURENDRA WAGHMARE      |
| 4     | ROHIT RAM ANWANE            | 19    | TRUPTI MANOJ JOSHI *         |
| 5     | RUCHITA HIRAMAN BOKDE       | 20    | TUSHAR RAMAJI RAKHADE        |
| 6     | SAHIL SUNIL CHAWARE         | 21    | UDAY NANDKISHOR KAVHALKAR    |
| 7     | SAMIDHA PRASHANT DESHPANDE* | 22    | UNEB IQBAL KHAN              |
| 8     | SANIYA VASEEM OPAI          | 23    | VAIBHAVI ANANT LANJEWAR      |
| 9     | SANSKAR MAHESH DURAGKAR     | 24    | VAISHNAVI KRUSHNAJI SONTAKKE |
| 10    | SAURABH SANJAY SINGH        | 25    | VYANKTESH GOPAL CHOURISA     |
| 11    | SHARWARI SUBHASH RAUT *     | 26    | YASH KRISHNARAO BHUMBAR      |
| 12    | SHRUTI KISHOR MATE          | 27    | YASH NITESH PARDE            |
| 13    | SHUBHAM JAGADISH WATKAR     | 28    | YOGESH DNYANDEV AMBALKAR     |
| 14    | SINHAL SHAILENDRA DHANVIJAY | 29    | YUGESHWARI ABHAY DONGRE      |
| 15    | SUNIDHI UMRAO LAMBAT        | 30    |                              |

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(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.org

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM College Code - 007

Ref: SBT/HMCT/2022-23/394

Date: 6/04/2023

To,

Dr. Shyam Laddha  
Director,  
Jeevan Raksha

Thanks Letter.

Dear Sir,


On Behalf of Management, Staff and Students of this Institute I, the Undersigned would like to extend my sincere thanks for Providing Training session on "First -Aid and Resuscitation" and sharing your knowledge with our students.

I feel that the session was fruitful to the students and will help them in near future in case arise of any emergency situation.

Looking ahead for a long and meaningful association.

  
Thanking You.

With warm regards,

Recd   
06/04/2023

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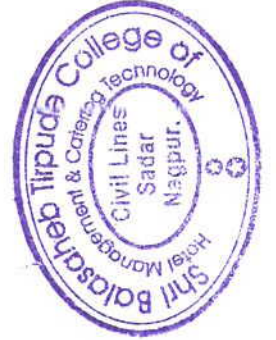
## Batch wise Student Attendance List for First Aid Training 2022-2023

### Batch 'A'

| Sr. # | Name of Student           | Signature | Sr. # | Name of Student            | Signature |
|-------|---------------------------|-----------|-------|----------------------------|-----------|
| 1     | AKASH MANOJ MISHRA        |           | 16    | KYLE GORDON DIXON          |           |
| 2     | AADITI MANOHAR KECHHE     |           | 17    | MANISH RAMESH KHOBRA GDE   |           |
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| 4     | AKSHAY ANIL DOD           |           | 19    | MAYUR RAJENDRA CHAMATKAR   |           |
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| 15    | KARTIK GOPALRAO CHOUDHARY |           | 30    | PURVA KIRAN LAKHEWAR       |           |

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1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudhmct@gmail.com, Visit us at www.tirpudhmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 10/04/2023

To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology,

Nagpur.

Subject: Submission of report on 'Women's Self Defense Training' dated on 8<sup>th</sup> April, 2023  
Training Banquet for the Academic Year 2022-23 between 10.00hrs-12.00hrs.

Respected Sir,

I undersigned, submit the report on 'Women's Self Defense Training' dated on 8<sup>th</sup>  
April, 2023 at Training Banquet for the Academic Year 2022-23 between 10.00hrs-12.00hrs by  
Sensai Arthur Celeb.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Ms. Nitu B. Jaiswal

Event Co-Ordinator/ ICC Convenor

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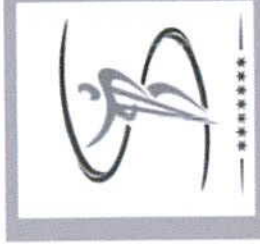


*A. Celeb*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



**NSS Cell and ICC of**

# **Shri Balasaheb Tirpude College of Hotel Management**



**jointly organizes**

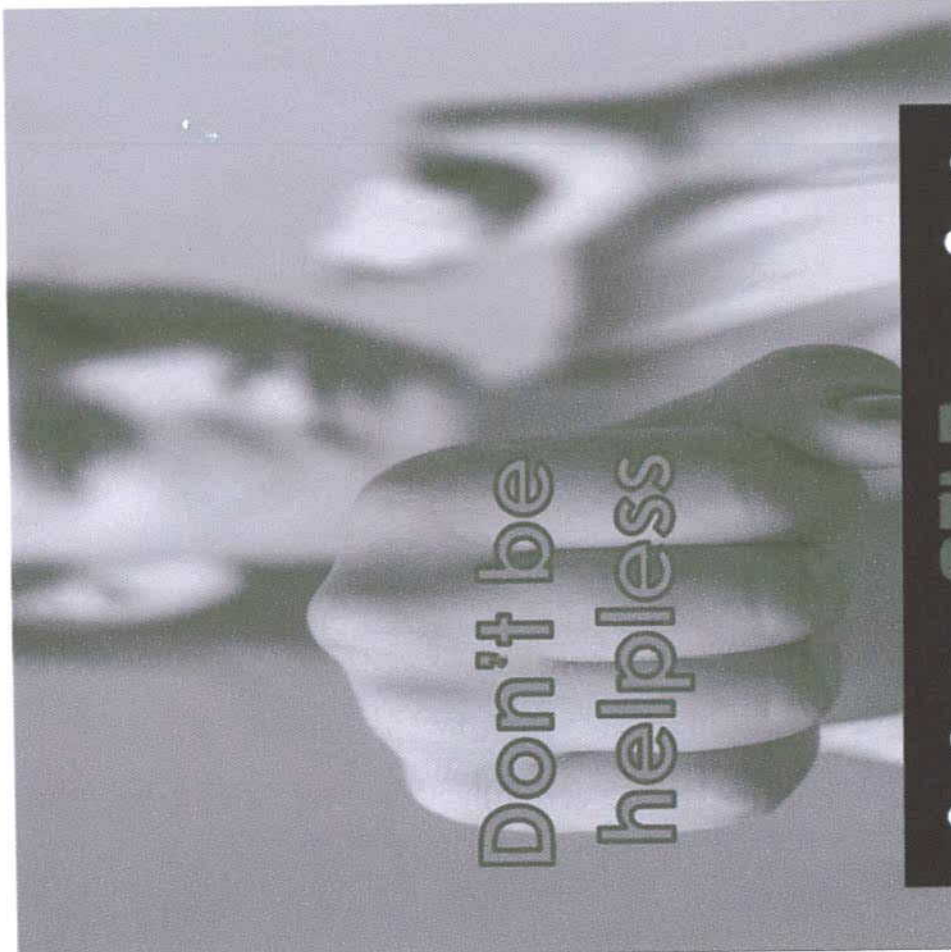
**Women's Self Defense Training**



**by - Sensei Arthur Celeb**

*Arthur Celeb*

**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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## Report on Self-Defense Training Program

Self-defense aim to survive and escape without injury by deterring or stopping aggressive behavior. It is not to win a fight or harm another person. In fact, the best defense is to avoid dangerous people and places in the first place.

### Objective of Self-Defense Training Program:

The main goal behind this training session was to prepare female students and staff for unexpected situations and also to develop increased mental and physical health.

The Internal Complaint Committee with joint collaboration with college NSS cell organized Self-Defense program for the Female student and staff on 8th April 2023 from 10.00 am to 12.00 pm in Cafeteria. The Guest Trainer was Sensai Arthur Celeb, a Kung fu master. Training and Placement officer Mr. Yelesh Lanjewar introduced the guest trainer to the students followed by showcasing the importance of self-defense for females. Orientation and discussion on safety precautions at road, home, working place and other public places were also included in the training session. The trainer taught many self-defense tricks and techniques to develop self-confidence. The participants were informed about how the various tools like hand bags, key chains and dupatta could be used as a safety tool. All the participants were made to practice the techniques with other participant. The importance of safety also discussed in detail so that the participants could guide their friends and family members. There were total of 17 participants.

The vote of thanks was given by Mr. Sachin Singh NSS Representative. Expressing his gratitude, he thanked Sensai Arthur Celeb ICC team for their support and timely presence.

### Learning Outcome:

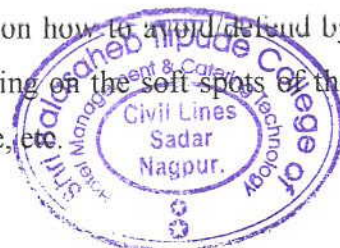
The learning outcomes from the workshop on Self Defence Programme are:

- The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.
- The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc.


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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



- The workshop concludes with a note on the promise from both the sides that this kind of workshops will be continued in the times to come.

  
Ms. Nitu B. Jaiswal

ICC Convener

  
Mr. Yogesh Meshram

NSS Cell


  
Mr. Ankeet Kenekar

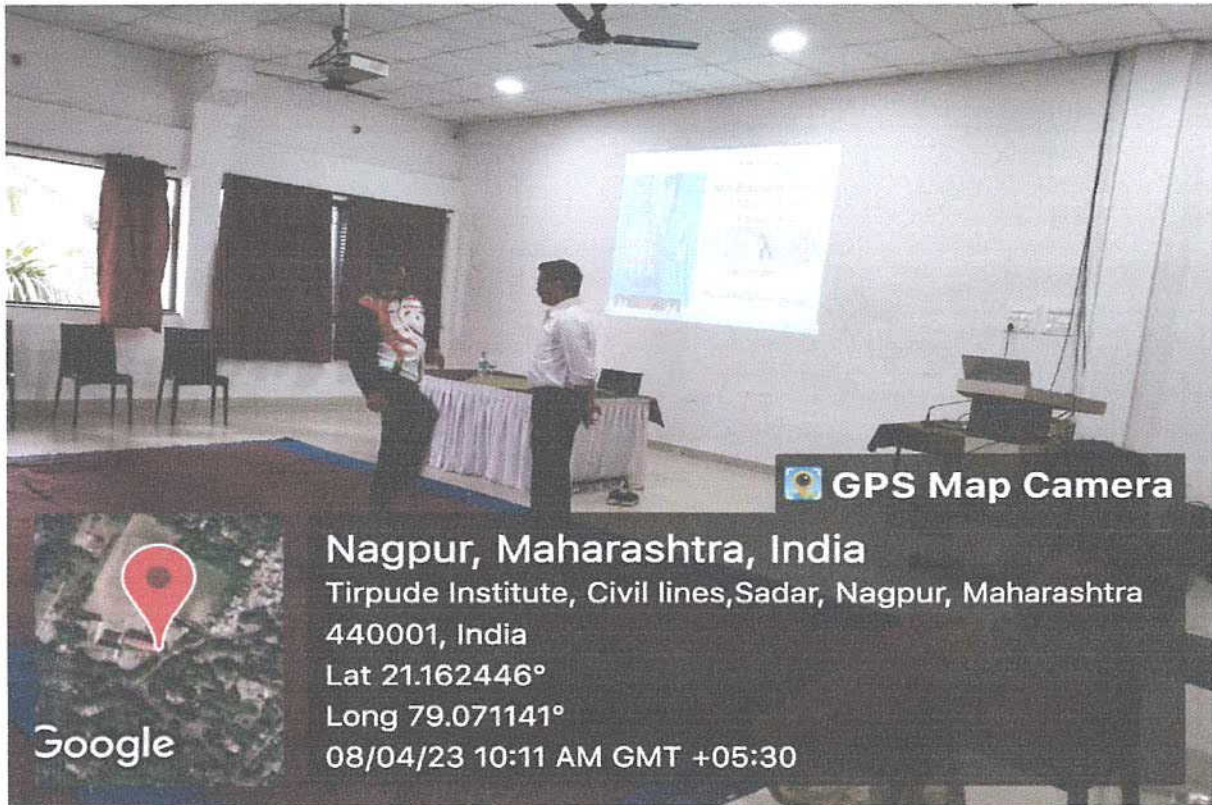
NSS Cell

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College of Hotel Management  
& Catering Technology, Nagpur



GPS Map Camera



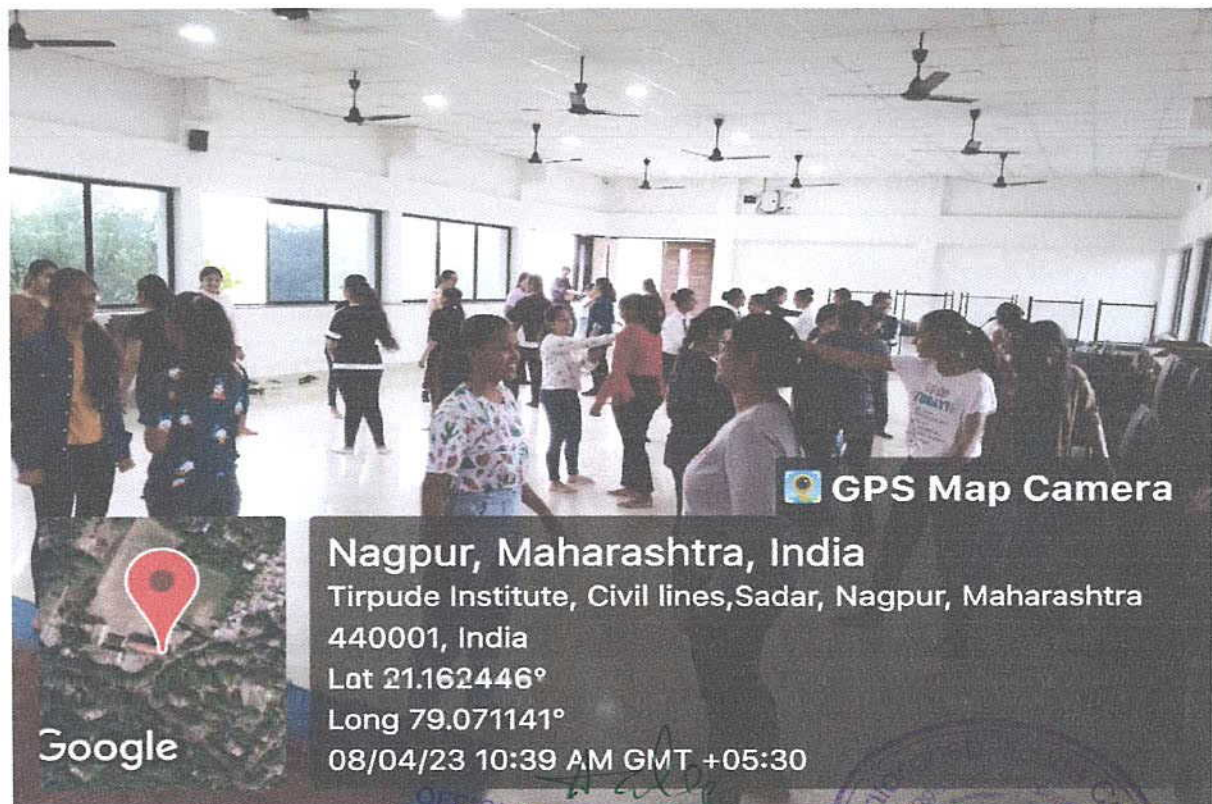
Nagpur, Maharashtra, India

Tirpude Institute, Civil lines,Sadar, Nagpur, Maharashtra  
440001, India

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Long 79.071141°

08/04/23 10:11 AM GMT +05:30



GPS Map Camera



Nagpur, Maharashtra, India

Tirpude Institute, Civil lines,Sadar, Nagpur, Maharashtra  
440001, India

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College of Hotel Management  
& Catering Technology, Nagpur.





YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.org

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM College Code - 007

Reference no: SBT/HMCT/IL/2023/ 395

Date: - 6/04/2023

To,

Sensei Arthur Celeb

Nagpur

Subject: Invitation to Provide Self Defence Training on 8<sup>th</sup> April 2023.

Respected Sir,

With reference to above mentioned subject, we would like to invite you to organize Self Defence training for our female students on 8th April 2023 between 9.30 am – 10.30 pm. All necessary requirements will be ready before your arrival as per guidelines. The venue for training will be Training Restaurant at our institute.

Hoping for long and meaningful association.

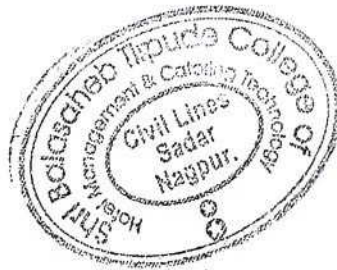
Thanking you,

Regards.

Nitu B. Jaiswal

(Assistant Professor)

9372167250



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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**SHRI BALASAHEB TIRPUDE COLLEGE OF  
HOTEL MANAGEMENT & CATERING TECHNOLOGY**

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.org

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM College Code - 007

Ref: SBT/HMCT/2022-23/396

Date: 8/04/2023

To,

Sensei Arthur Celeb

Nagpur

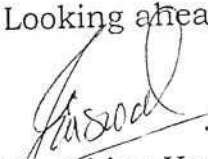
Thanks Letter.

Dear Sir,

On Behalf of Management, Staff and Students of this Institute I, the Undersigned would like to extend my sincere thanks for Providing Training session on "Self Defense" and sharing your knowledge with our students.

I feel that the session was fruitful to the students and will help them in near future in case arise of any emergency situation.

Looking ahead for a long and meaningful association.

  
Thanking You.

With warm regards,

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College of Hotel Management  
& Catering Technology, Nagpur

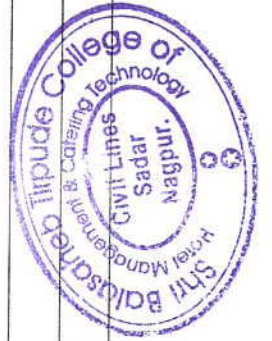
BHMCT-17

BHMCT 1<sup>st</sup> year

## Self Défense Training Registration

Date:08/04/2023

| Bachelor of Hotel Management and Catering Technology |                    |                 |                  |        |      |           |
|--|--------------------|-----------------|------------------|--------|------|-----------|
| Sr. No   | Name               | Semester        | Signature        | Sr. No | Name | Signature |
| 1.   | POOJA SHARMA       | 2 <sup>nd</sup> | <i>Pooja</i>     | 21.    |      |           |
| 2.   | Kajal Dhapodkar    | 2 <sup>nd</sup> | <i>Kajal</i>     | 22.    |      |           |
| 3.   | Sakshi. Pantawane. | 2 <sup>nd</sup> | <i>Santawane</i> | 23.    |      |           |
| 4.   | Shakshali Nagare   | 2 <sup>nd</sup> | <i>Nagare</i>    | 24.    |      |           |
| 5.   |                    |                 |                  | 25.    |      |           |
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*Akshay*

ASSOCIATING PRINCIPAL

Shri Balasaheb Tipude

College of Hotel Management

& Catering Technology, Nagpur

Self Défense Training Registration

Date: 08/04/2023

| Bachelor of Hotel Management and Catering Technology |                      |                     |                |        |      |           |
|--|----------------------|---------------------|----------------|--------|------|-----------|
| Sr. No   | Name                 | Semester            | Signature      | Sr. No | Name | Signature |
| 1.   | Vaishnavi Narwattkar | 4 <sup>th</sup> sem | Vaishnavi      | 21.    |      |           |
| 2.   | Hemlata Kalamkar     | 4 <sup>th</sup> sem | H. Kalamkar.   | 22.    |      |           |
| 3.   | Sanjali Kariade      | 4 <sup>th</sup> sem | Sanjali        | 23.    |      |           |
| 4.   | Savitika Gupta       | 4 <sup>th</sup> sem | Savitika       | 24.    |      |           |
| 5.   | Deushree Raole       | 4 <sup>th</sup> sem | Deushree Raole | 25.    |      |           |
| 6.   |                      |                     |                | 26.    |      |           |
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*Akshay*

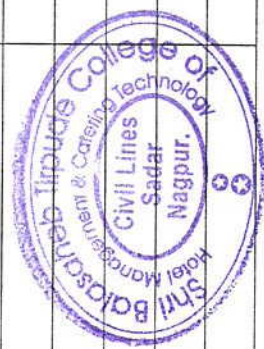
OFFICIATING PRINCIPAL  
Sri Bahadur Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



Self Défense Training Registration

Date:08/04/2023

| Bachelor of Hotel Management and Catering Technology |                   |                     |                          |        |      |           |
|--|-------------------|---------------------|--------------------------|--------|------|-----------|
| Sr. No   | Name              | Semester            | Signature                | Sr. No | Name | Signature |
| 1.   | Aaditi Keche      | 6 <sup>th</sup> sem | <i>Aaditi Keche</i>      | 21.    |      |           |
| 2.   | Ridhi Khandekar   | 6 <sup>th</sup> sem | <i>Ridhi Khandekar</i>   | 22.    |      |           |
| 3.   | Shruti Mote       | 6 <sup>th</sup> sem | <i>Shruti Mote</i>       | 23.    |      |           |
| 4.   | Saniya Opari      | 6 <sup>th</sup> sem | <i>Saniya Opari</i>      | 24.    |      |           |
| 5.   | Varbhavi Lanjewar | 6 <sup>th</sup> sem | <i>Varbhavi Lanjewar</i> | 25.    |      |           |
| 6.   | Muskan Chachada   | 6 <sup>th</sup> sem | <i>Muskan Chachada</i>   | 26.    |      |           |
| 7.   |                   |                     |                          | 27.    |      |           |
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*Aaditi Keche*

OFFICATING PRINCIPAL  
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College of Hotel Management  
& Catering Technology, Nagpur

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To be the No. 1 Women Sanitization Partner by facilitating each female to be free from the worries of Menstruation hygiene challenges in India.

**VISION**  
To create best menstruation care & GUILT free India through the passion we have for women equality, Diversion-inclusion & sustainable innovative solutions



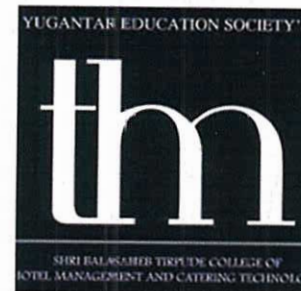

E-301, Classic Amba, Medical Sq. to Ajni Road, Opp. T. B. Ward Gate, Nagpur - 440003  
Contact : 9325243752

Mumbai office - Near RBL Bank, Gokhale Road, Dadar. Contract No- 8010789006

Pune office- Citadel, BT Kawade Road.  
Contact No- 9326139634

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ICC & NSS Unit of  
Shri Balasaheb  
Tirpude College of  
Hotel Management  
and Catering  
Technology, Organizes



On 17/06/2023  
@ Training  
Restaurant & Bar

Menstrual Health  
Hygiene Session by  
Avinash Thakre



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 17/06/2023

To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology,

Nagpur.

Subject: Submission of report on 'Menstrual Health and Hygiene Session' Conducted Orange Techo under the Gojari Movement, held on 17<sup>th</sup> June, 2023 at Training Restaurant and Bar for the Academic Year 2021-22, between 10 00-11 00hrs.

Respected Sir,

I undersigned, submit the report on 'Menstrual Health and Hygiene Session' Conducted Orange Techo under the Gojari Movement, held on 17th June, 2023 at Training Restaurant and Bar for the Academic Year 2021-22, between 10.00-11.00hrs.

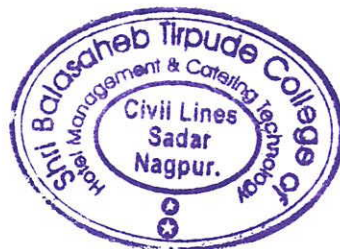
Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Event Co-Ordinator

Event Co-Ordinator



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Ref: SBT/ HMCT/ 2023/ 482

Date: 17/06/2023

To,

Mr. Avinash Thakre,

Orange Techno,

Nagpur

Thanks Letter.

Dear Sir,

On Behalf of Management, Staff and Students of this Institute I, the Undersigned would like to extend my sincere thanks for Providing Informative session on "Menstrual Health and Hygiene" and sharing your knowledge with our students.

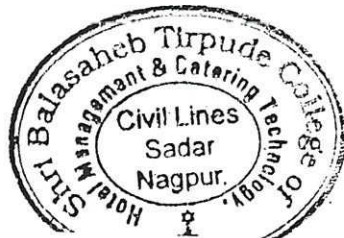
I feel that the session was fruitful to the female student for their betterment and male in near future in case arise of any emergency situation.

Looking ahead for a long and meaningful association.

Thanking You.

With warm regards,

  
NITU JAISWAL  
Assistant Professor



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HOTEL MANAGEMENT & CATERING TECHNOLOGY**

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Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Reference no: SBT/HMCT/IL/2023/ 480

Date: - 16/06/2023

To,

Mr. Avinash Thakre,

Orange Techno,

Nagpur

Subject: Invitation for conducting the Informative Session on Menstrual Health and Hygiene on  
17.06.23 Between 10.00-11.00hrs.

Respected Sir,

With reference to above mentioned subject, we would like to invite you to organize the  
Informative Session on Menstrual Health and Hygiene on 17.06.23 Between 10.00-11.00hrs.

Hoping for long and meaningful association.

Thanking you,

Regards.

Nitu B. Jaiswal

(Assistant Professor)

9372167250

**NITU JAISWAL**

Assistant Professor

Shri Balasaheb Tirpude

College of Hotel Management

Catering Technology, Nagpur

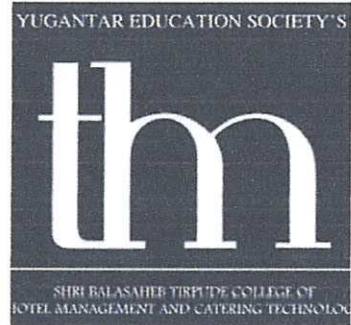


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## MENSTRUAL HEALTH HYGIENE SESSION BY AVINASH THAKRE



ICC & NSS UNIT OF SHRI BALASAHEB  
TIRPUDE COLLEGE OF HOTEL  
MANAGEMENT AND CATERING  
TECHNOLOGY

On 17/06/2023 @ Training Restaurant & Bar

With the increase in number of female students enrolling in to college and to create safe and healthy atmosphere for them college had organises the Menstrual Health and Hygiene session which is essential to the well-being and empowerment of women and adolescent girls. The aim of this session was to create facilities that effectively manage their menstruation as girls and women require access to water, sanitation and hygiene (WASH) facilities, affordable and appropriate menstrual hygiene materials, information on good practices, and a supportive environment where they can manage menstruation without embarrassment or stigma.

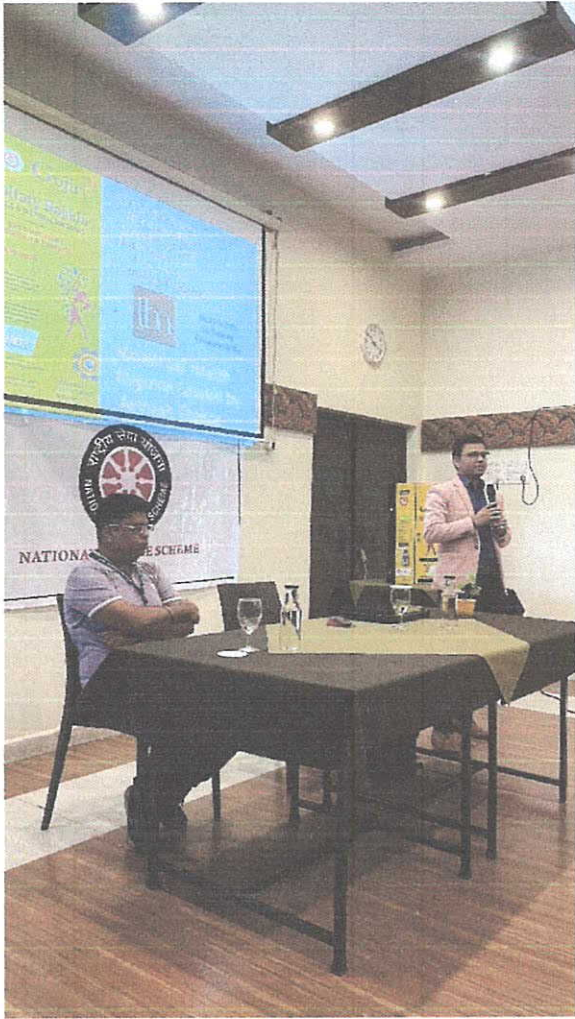
The main highlight of this event to including Male students and staff in over period of time it had been seen that this topic is equally important to bring forward into male generation for understating the importance of Menstrual Health and Hygiene for women as the resulting lack of information about menstruation leads to unhygienic and unhealthy menstrual practices and creates misconceptions and negative attitudes, which motivate, among others, shaming, bullying, and even gender-based violence. For generations of girls and women, poor menstrual health and hygiene is exacerbating social and economic inequalities, negatively impacting their education, health, safety, and human development.

With the help of session college had inditiated step towards to break this mentality. This session was conducted by Mr. Avinash Thakre from Orange Techno, under Gojri Movement. Concluded by demonstration of using Sanitary Despensing Machine which was installed in Girls Common Room at Second Floor.



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## Shri Balasaheb Tirpude college of Hotel Management &amp; Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
 Organized By: ICC & Nss Unit Date of Event: 17/06/23

## Participants Details

| Sr. No. | Name of Student      | Semester            | Contact No. | E-Mail                          | Signature          |
|---------|----------------------|---------------------|-------------|---------------------------------|--------------------|
| 1.      | Shabdali Nagare      | Sem-II              | 7972930866  | shabdalinagare@gmail.com        | <i>[Signature]</i> |
| 2.      | sumit S. Deshmukh    | sem II              | 7498508062  | deshmukhsumit176@gmail.com      | <i>[Signature]</i> |
| 3.      | Priyanshu Lokhakar   | Sem II              | 8459053818  | Priyanshulokhakar07@gmail.com   | <i>[Signature]</i> |
| 4.      | Yash S. Dhadkar      | Sem II              | 9370390489  | dhadkary@gmail.com              | <i>[Signature]</i> |
| 5.      | Tejas Haware         | Sem II              | 9022955106  | hawaretejas2@gmail.com          | <i>[Signature]</i> |
| 6.      | Kajal Dhapodkar      | Sem II              | 8262914854  | kajaldhapodkar3@gmail.com       | <i>[Signature]</i> |
| 7.      | Yashika Patil        | II Sem              | 7843840869  | yashikapatil231@gmail.com       | <i>[Signature]</i> |
| 8.      | Vishrut Mahule       | II Sem              | 8262043461  | vishrutmahule@gmail.com         | <i>[Signature]</i> |
| 9.      | Shubham G. Pingrekar | II Sem              | 9130095575  | shubham.pingrekar0737@gmail.com | <i>[Signature]</i> |
| 10.     | Nayan Ghogare        | II Sem              | 7410525409  | nayanghoga7@gmail.com           | <i>[Signature]</i> |
| 11.     | Rash Kure            | II Sem              | 9373555811  | RashKure80@gmail.com            | <i>[Signature]</i> |
| 12.     | Madhulika Manawade   | 4 <sup>th</sup> Sem | 9325408964  | Madhulikamanawade14@gmail.com   | <i>[Signature]</i> |
| 13.     | Saurabh Tambe        | 4 <sup>th</sup> Sem | 9325708315  | saurabhtambe2577@gmail.com      | <i>[Signature]</i> |
| 14.     | Prateek Mishra       | 4 <sup>th</sup> Sem | 8237923115  | prateekmishra0712@gmail.com     | <i>[Signature]</i> |
| 15.     | Khushal Nanaware     | 4 <sup>th</sup> Sem | 9049331444  | khushalanaware@gmail.com        | <i>[Signature]</i> |

Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
 Organized By: ICC & NSS Unit Date of Event: 17/06/23

Participants Details

| Sr. No. | Name of Student     | Semester            | Contact No. | E-Mail                        | Signature |
|---------|---------------------|---------------------|-------------|-------------------------------|-----------|
| 1.      | Gaurav Meshram      | 5 <sup>th</sup> Sem | 9830262762  | gmeshramgaurav@gmail.com      |           |
| 2.      | Jadhavankar Nishant | 4 <sup>th</sup> Sem | 9551911467  | Jadhavankar Nishant@gmail.com |           |
| 3.      | Bathamesh Katarke   | -11-                | 8262952605  | Bathameshkatarke@gmail.com    |           |
| 4.      | Saunyak Gajrate     | 3 <sup>rd</sup> Sem | 72494682200 | Saunyakg2002@gmail.com        |           |
| 5.      | Vaibhav Hedau       | 3 <sup>rd</sup> Sem | 841823369   | Vaibhav.Vh.Vh@gmail.com       |           |
| 6.      | Om Gaidhane         | 3 <sup>rd</sup> Sem | 9922065077  | OmGaidhane77@gmail.com        |           |
| 7.      |                     |                     |             |                               |           |
| 8.      |                     |                     |             |                               |           |
| 9.      |                     |                     |             |                               |           |
| 10.     |                     |                     |             |                               |           |
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AKSHAY KRISHNA  
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Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene session by Avinash Tikhe  
 Organized By: JCC & NSS unit Date of Event: \_\_\_\_\_

Participants Details

| Sr. No. | Name of Student     | Semester | Contact No. | E-Mail                        | Signature |
|---------|---------------------|----------|-------------|-------------------------------|-----------|
| 1.      | Ayush Kalankar      | II sem   | 7218724849  | Kalankar.ayush@gmail.com      |           |
| 2.      | Alok Sharma         | II sem   | 8237865699  | Aloktsharma@gmail.com         |           |
| 3.      | Gaurav Mehta        | II sem   | 7498387334  | Gauravmehta603@gmail.com      |           |
| 4.      | Somesh Dakhane      | II sem   | 7559142059  | sem21somesh@gmail.com         |           |
| 5.      | Sujal Gaikwad       | II sem   | 7558714348  | gaikwadsujal598@gmail.com     |           |
| 6.      | Sanskriti Pardawane | II sem   | 7020718983  | sanskritipardawane2@gmail.com |           |
| 7.      | Pooja Sharma        | II sem   | 9766598901  | PoojaSharma01611@gmail.com    |           |
| 8.      |                     |          |             |                               |           |
| 9.      |                     |          |             |                               |           |
| 10.     |                     |          |             |                               |           |
| 11.     |                     |          |             |                               |           |
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Teaching Staff

Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
Organized By: ICC & NSS Unit Date of Event: 17/06/2023

Participants Details


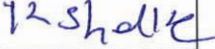
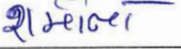
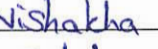
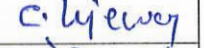

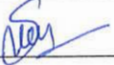
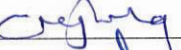
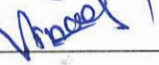
| Sr. No. | Name of Student       | Semester  | Contact No. | E-Mail                     | Signature |
|---------|-----------------------|-----------|-------------|----------------------------|-----------|
| 1.      | Dr. Diphi S Manapur   | Librarian | 9423111201  | manapurdiphi27@gmail.com   | Diphi     |
| 2.      | Ms. Neha / Anandchade |           | 7020021671  | nehawanjchade24@gmail.com  | Neha      |
| 3.      | Ms. Nitu Jaiswal      |           |             |                            |           |
| 4.      | ~ Iqeesh Meelroam     |           | 8412024527  | yog.nam16@gmail.com        | Iqeesh    |
| 5.      | Aniket Kenekar        |           | 9960159298  | aniket.kenekar@gmail.com   | Aniket    |
| 6.      | Bhupendra V. Shinde   |           | 8421699072  | bshinde4989@gmail.com      | Bshinde   |
| 7.      | Sameer Bayule         |           | 9923400070  | Sameerbayule15@gmail.com   | S Bayule  |
| 8.      | Dr. Anil Santalekar   |           | 9960638893  | anilsantalekar@hotmail.com | Anil      |
| 9.      | Mr. Suraj. Hattimare  |           | 9112895575  | surajhattimare@gmail.com   | Suraj     |
| 10.     | AKSHAY DANDALE        |           | 9890888084  | principal@tirpudehmt.ac.in | Akshay    |
| 11.     | Nitu Jaiswal          |           | 9372167250  | jaiswal.nitu@gmail.com     | Nitu      |
| 12.     |                       |           |             |                            |           |
| 13.     |                       |           |             |                            |           |
| 14.     |                       |           |             |                            |           |
| 15.     |                       |           |             |                            |           |

Non-Teaching Staff

Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
Organized By: ICC & Nss Unit. Date of Event: 17/06/23

Participants Details

| Sr. No. | Name of Student | Semester | Contact No. | E-Mail | Signature   |
|---------|-----------------|----------|-------------|--------|---|
| 1.      | Rani A wankhade |          | 8668216145  |        |    |
| 2.      | 12. sholke      |          | 7028865928  |        |    |
| 3.      | शिवीत शिवराम    |          | 7357404572  |        |    |
| 4.      | nishakha shende |          | 9595639564  |        |    |
| 5.      | Chhaya Lajewar  |          | 9158248581  |        |    |
| 6.      | शिवीत शिवराम    |          | 9975259080  |        |    |
| 7.      | Sudhir warbale  |          | 9960226560  |        |    |
| 8.      | Manjusha Bobale |          | 8007777339  |        |   |
| 9.      | Vinod Meshram   |          | 9657203865  |        |  |
| 10.     |                 |          |             |        |   |
| 11.     |                 |          |             |        |   |
| 12.     |                 |          |             |        |   |
| 13.     |                 |          |             |        |   |
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SHRI BALASAHEB TIRPUDE  
COLLEGE OF HOTEL MANAGEMENT  
AND CATERING TECHNOLOGY



## INTERNAL COMPLAINT COMMITTEE

Presents

Training session for menstrual health  
and hygiene on 27<sup>th</sup> November 2021  
at 1.30pm on Zoom



GlobalHunt  
**FOUNDATION™**  
Creating Sustainable Solutions

Speaker  
Mrs. Nitya Choudhary  
CRS Executive  
Unicharm India



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 29/11/2021

To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology,

Nagpur.

Subject: Submission of report on 'Online Menstrual Hygiene Training' by Global Hunt/Unicharm, held on 27<sup>th</sup> November, 2021 on Zoom Meeting Platform for the Academic Year 2021-22 at 13.30.

Respected Sir,

I undersigned, submit the report on "Online Menstrual Hygiene Training" by Global Hunt/Unicharm, held on 27<sup>th</sup> November, 2021 on Zoom Meeting Platform for the Academic Year 2021-22 at 13.30.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Ms. Nitu B. Jaiswal

**NTUJAISWAL**  
Event Co-Ordinator  
Assistant Professor  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

AKSHAY  
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Date: 2023.07.17  
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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

11/1/2021



# Online Training Session on Menstrual Hygiene for Female Students

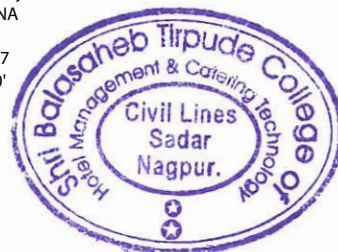
Organised by: Internal Complaint Committee of  
Shri Balasaheb Tirpude College of Hotel  
Management and Catering Technology and  
Globalhunt Foundation, /Unicharm India



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College of Hotel Management  
& Catering Technology, Nagpur



Gender inequality, cultural taboos and poverty can cause menstrual health needs to go unmet. –  for every child

The onset of menstruation means a new phase – and new vulnerabilities – in the lives of adolescents. Yet, many adolescent girls face stigma, harassment and social exclusion during menstruation. Gender inequality, discriminatory social norms, cultural taboos, poverty and lack of basic services like toilets and sanitary products can all cause menstrual health and hygiene needs to go unmet.

Hence Education on Menstrual hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about more than just access to sanitary pads and appropriate toilets – though those are important. It is also about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity.

Keeping this concept in Mind Internal Complaint Committee of Shri Balasaheb Tirpude College of Hotel Management and Catering Technology and Globalhunt Foundation, /Unicharm India had jointly organises the online Training Session on Menstrual Hygiene for Female Students on 27<sup>th</sup> November, 2021 via Zoom Platform due to pandemic restrictions. Ms. Roshnee Bhowmick CSR Executive, of Unicharm India had conducted 45 minutes online training session at 1.30pm for the same. The various guidelines that students need to follow during their menstrual period was given for examples; Wear lightweight, breathable clothing, change your menstrual products regularly, keep your genital area clean, use unscented toilet paper, tampons, or pads, Drink enough liquids Etc. Total 17 students were participated.

Submitted By

Ms. Nitu B. Jaiswal

ICC Convenor

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Date: 2023.07.17  
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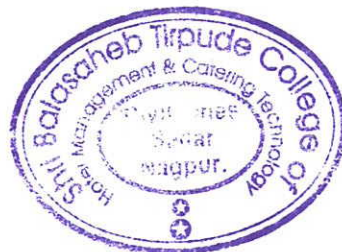
Nitu Jaiswal <[jaiswal.b.nitu@gmail.com](mailto:jaiswal.b.nitu@gmail.com)>  
To: [vidya.r@globalhunt.in](mailto:vidya.r@globalhunt.in)

Tue, Feb 22, 2022 at 10:58 AM

thank you so much certificates received

Regards  
nitu  
[Quoted text hidden]

**AKSHAY  
KRISHNA  
DANDALE** Digitally signed by  
AKSHAY KRISHNA  
DANDALE  
Date: 2023.07.17  
14:27:22 +05'30'



  
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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

vidya.r@globalhunt.in sent you Certificates via WeTransfer

2 messages

WeTransfer <noreply@wetransfer.com>

Reply-To: vidya.r@globalhunt.in

To: jaiswal.b.nitu@gmail.com

Fri, Feb 18, 2022 at 5:30 PM



vidya.r@globalhunt.in  
sent you Certificates

1 item, 21.5 MB in total · Expires on 25 February, 2022

**Certificates**

Dear Ma'am

Greetings

Please download E certificates through below link.

Regards

Vidya R

Get your files

**Download link**

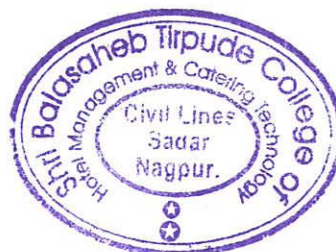
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**1 item**

Certificate

■ Folder · 35 items

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**KRISHNA**  
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*Akshay*  
**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

**Zoom link for menstrual hygiene training for girls**

1 message

GlobalHuntFoundation-VidyaR <vidya.r@globalhunt.in>  
To: Nitu Jaiswal <jaiswal.b.nitu@gmail.com>

Mon, Nov 22, 2021 at 3:05 PM

Dear Ma'am

Please find below the zoom link for menstrual hygiene session scheduled on 27<sup>th</sup> Nov 2021 (Saturday) @ 1:30 pm .

Join Zoom Meeting  
<https://zoom.us/j/96627140296?pwd=cDAvRmVvcEdzZUplTE9Pa2NGYVZPZz09>

Meeting ID: 966 2714 0296  
Passcode: 862202

Regards

Vidya R

From: Nitu Jaiswal [mailto:jaiswal.b.nitu@gmail.com]  
Sent: 22 November 2021 12:19  
To: GlobalHuntFoundation-VidyaR <vidya.r@globalhunt.in>  
Subject: confirmation of the 45 minutes menstrual hygiene training for girls of our college.

Dear Vidya,

Greetings of the Day...

As discussed we would like to confirmed the 45 minutes menstrual hygiene training for girls of our college, through virtual conferencing mode.  
on 27th of November 2021 at 1.30 pm.

We also request you to kindly provide the e-certificate to student who are attending this session the list will be provided after completion of the program on same day.

please confirm the same and following details.

Name of College: Shri Balasaheb Tirpude College of Hotel Management and Catering Technology

Location: Nagpur

Session Coordinator : Ms. Nitu Jaiswal

No of Students : Approx. 50

Date: 27th November 2021 at 1.30 pm

Online Platform: zoom

Thanks & regards,

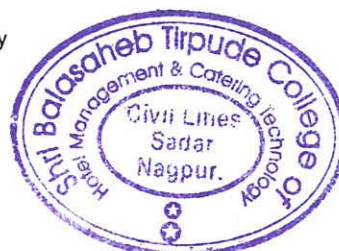
Nitu Jaiswal

Assistant Professor and ICC Conveyor

Shri Balasaheb Tirpude College of Hotel Management and Catering Technology

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KRISHNA DANDALE  
Date: 2023.07.17 14:27:52 +05'30'



*Aandale*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

confirmation of the 45 minutes menstrual hygiene training for girls of our college.

2 messages

Nitu Jaiswal <jaiswal.b.nitu@gmail.com>  
To: vidya.r@globalhunt.in

Mon, Nov 22, 2021 at 12:18 PM

Dear Vidya,  
Greetings of the Day...

As discussed we would like to confirmed the 45 minutes menstrual hygiene training for girls of our college, through virtual conferencing mode. on 27th of November 2021 at 1.30 pm. We also request you to kindly provide the e-certificate to student who are attending this session the list will be provided after completion of the program on same day.

please confirm the same and following details.  
Name of College: Shri Balasaheb Tirpude College of Hotel Management and Catering Technology  
Location: Nagpur  
Session Coordinator : Ms. Nitu Jaiswal  
No of Students : Approx. 50  
Date: 27th November 2021 at 1.30 pm  
Online Platform: zoom

Thanks & regards,  
Nitu Jaiswal  
Assistant Professor and ICC Conveyor  
Shri Balasaheb Tirpude College of Hotel Management and Catering Technology

GlobalHuntFoundation-VidyaR <vidya.r@globalhunt.in>  
To: Nitu Jaiswal <jaiswal.b.nitu@gmail.com>

Mon, Nov 22, 2021 at 12:24 PM

Dear Ma'am

Thank you so much for sharing the details .

The session is confirmed from our end . I will share the zoom link by soon .

Regards

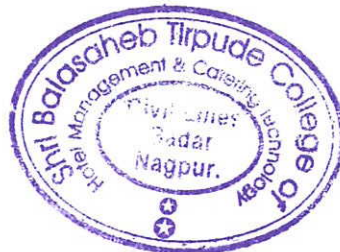
vidya R  
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+05'30'



*Aurade*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sanjana Singh**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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KRISHNA DANDALE  
Date: 2023.07.17 14:28:22 +05'30'



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*A. Dandale*



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sanskriti Bhar darkar**

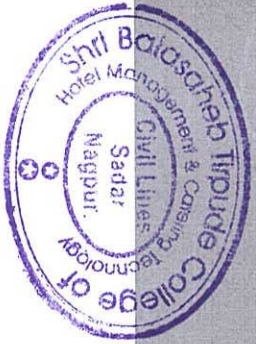
Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

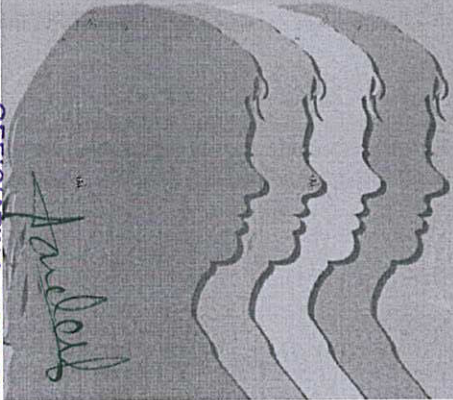
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*Tanu Goel*

Tanu Goel, Director



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College of Hotel Management  
& Catering Technology, Nagpur



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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shruti Girde**

Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology in association with Unicharm India & GlobalHunt Foundation

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Tanu Goel, Director



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College of Hotel Management  
& Catering Technology, Nagpur

*Ashutosh*

AKSHAY  
KRISHNA  
DANDALE

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AKSHAY KRISHNA  
DANDALE  
Date: 2023.07.17 14:28:55  
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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Shubhangi Patle**

Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



CONSULTING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*A. Krishna Dandale*

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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Surbhi Kelwadkar**

Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

**"MENSTRUAL HEALTH & HYGIENE MANAGEMENT"**

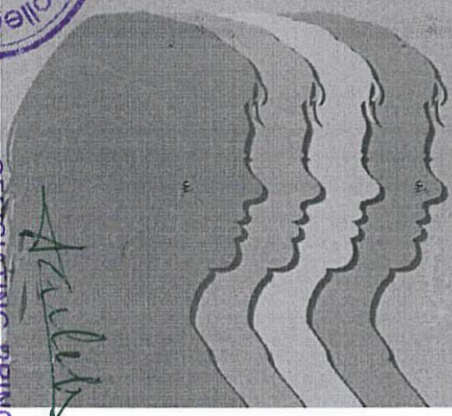
Organized by Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



OFFICIATING PRINCIPAL  
at Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Snehal Agrawal**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur  
*Arun*

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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ananya Chanana**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in Association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



**AKSHAY KRISHNA DANDALE** Digitally signed by AKSHAY  
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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





# CERTIFICATE OF PARTICIPATION

This is to certify that

**Esha Godambe**

Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*Ashok*



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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Gloria Francis**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

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in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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*A. Krishna*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





# CERTIFICATE OF PARTICIPATION

This is to certify that

**Lina Gulade**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Date: 2023.07.17 14:31:21 +05'30'

*Akshay*  
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





# CERTIFICATE OF PARTICIPATION

This is to certify that

**Manjiri Admane**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Date: 2023.07.17 14:31:40 +05'30'

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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur







# CERTIFICATE OF PARTICIPATION

This is to certify that

**Nidhi Charde**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*A. Dandale*



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Date: 2023.07.17 14:32:03 +05'30'



# CERTIFICATE OF PARTICIPATION

This is to certify that

**Prachi Nagrale**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*A. K. Krishna*



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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Rimple Khapekar**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*Akshay*





# CERTIFICATE OF PARTICIPATION

This is to certify that

**Salonee Randhir**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**"MENSTRUAL HEALTH & HYGIENE MANAGEMENT"**

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*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





# CERTIFICATE OF PARTICIPATION

This is to certify that

**Samidha Deshpande**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*A. K. Dandale*



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# CERTIFICATE OF PARTICIPATION

This is to certify that

**Sanika Junghare**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

**“MENSTRUAL HEALTH & HYGIENE MANAGEMENT”**

Organized by Yugantar Education Society's  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology  
in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

*A. D. Dandale*



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**SHRI BALASAHEB TIRPUDE COLLEGE OF  
HOTEL MANAGEMENT & CATERING TECHNOLOGY**

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 \* DTE Institute Code : HM4219 \* RTM NU College Code - 007 AISHE Code : C-18976

Date: 18/04/2022

To,

The Principal,

Shri Balasaheb Tirpude College of  
Hotel Management and Catering Technology,  
Nagpur.

Subject: Submission of report on 'Celebrating World Health Day by Yoga' held on 18<sup>th</sup> April, 2022 for the Academic Year 2022-23 at 7.00hrs onwards.

Respected Sir,

I undersigned, submit the report 'Celebrating World Health Day by Yoga' held on 18th April, 2022 for the Academic Year 2022-23 at 7.00hrs onwards.

Kindly acknowledge the receipt & oblige

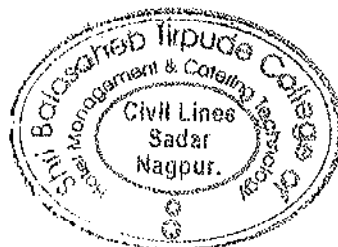
Thanking you,

Yours Faithfully,

Event Co-Ordinator

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DANDALE**

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Date: 2023.07.11  
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**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## National Service Scheme Activity

*Name of the Event :- World Health Day*

*Date :- 18 April 2022*

*Number of students :-12*

*Number of Participating Faculty Members :-02*

*Contribution made by :-NSS fund*

*College Activity:- students Awareness done and they will be benefited for strong and healthy life.*

*Address of the Benefitted :- students of shri Balasaheb Tirpude college of hotel management and catering technology.*

*Tasks Undertaken :- Yoga Asanas*

*Feedback from the Organisation :- students were happy to perform the yoga asanas*

*Achievements :- Yoga will help in making students strong and healthy and increase their concentration and also in becoming healthy citizen.*

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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



## ***PARTICIPATED STUDENTS' NAMES :-***

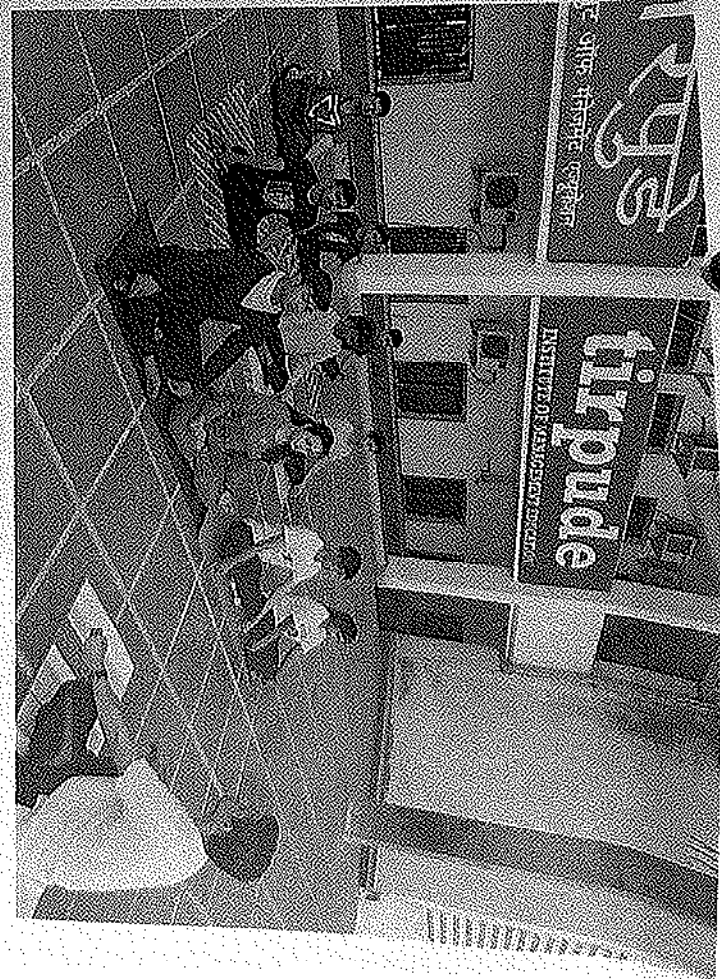
1. Atharva Newalkar *Anewalkar*
2. Dev Shetty *Dev*
3. Muskan chachda *Mchachda*
4. Rohan Bankar *Rohan Bankar*
5. Trupti Joshi *Trupti Joshi*
6. Sahil Chaware *S*
7. Pratham Waghmare *PW*
8. Ayush waked
9. Kyle Dixon
10. Yash Bumbar
11. Kyle Dixon
12. Riddhi Khangar

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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

NSS Students performing Yoga on the occasion of World Health Day. 2022.



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Date: 2023.07.11  
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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 11/08/2019

To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology,

Nagpur.

Subject: Submission of report on 'First Aid Training Programme' by Jeevan Raksha, dated on 9<sup>th</sup> and 10<sup>th</sup> August, 2019 at Training Restaurant and Bar for the Academic Year 2019-20 between 12 hrs-17.00hrs.

Respected Sir,

I undersigned, submit the report on 'First Aid Training Programme' by Jeevan Raksha, dated on 9th and 10th August, 2019 Training Restaurant and Bar for the Academic Year 2019-20 between 12 hrs-17.00hrs.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Ms. Nitu B. Jaiswal

**NITU JAISWAL**  
Event Co-ordinator  
Assistant  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

2019-20

# Report on First-aid Training

By- Dr. Shyam Laddha



**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## Report on First Aid Training Programme by Jeevan Raksha for BHMCT Semester- V 2019-20

A training programme on First Aid has been organised by Jeevan Raksha on 9<sup>th</sup> and 10<sup>th</sup> Aug 2019 at the Training Restaurant, for BHMCT Semester- V Students. 55 students of BHMCT Semester-V and Assistant Professor Mr. Ankeet Kenekar have attended the training programme. Assistant Professor Nitu Jaiswal Welcomes Delegates from Jeevan Raksha and One of our student Dhanshri Baviskar, provided the welcome speech 11.30 AM. Both the sessions on First Aid were facilitated by Dr. Shyam Laddha Director, Jeevan Raksha.

The training focused on Aim of First Aid, how to perform CPR, Choking, wound care, how to manage every day minor accidents and learn how to treat an unconscious and breathing casualty and manage minor cuts, grazes, bleeding and burns. First Aid generally consists of a series of simple and in some cases, potentially lifesaving techniques that an individual can be trained to perform with minimal equipment.



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Shri Balasaheb Tripathi  
College of Hotel Management  
& Catering Technology, Nagpur



Tirpude College Nagpur <tirpudehmct@gmail.com>

---

## For Conducting First aid training program

---

Tirpude College Nagpur <tirpudehmct@gmail.com>  
To: sagar laddha <Sagar.jrct@gmail.com>

25 July 2019 at 14:54

Respected sir,

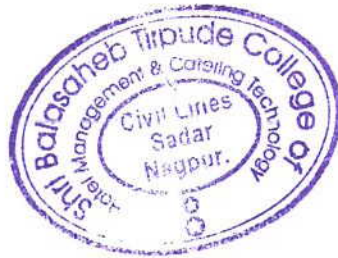
Kindly sent the Proposal to this E-mail ID.

nitu

--

Regards,

Shri Balasaheb Tirpude college of Hotel Management and Catering Technology  
1, Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur.  
Maharashtra. 440001



**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



Tirpude College Nagpur &lt;tirpudehmct@gmail.com&gt;

---

**For Conducting First aid training program**

---

**OLD AGE HOME AND PALLATIVE CENTER JEEVAN SURAKSHA** <sagar.jrct@gmail.com>  
To: Tirpude College Nagpur <tirpudehmct@gmail.com>

25 July 2019 at 19:56

Dear Madam,

Re-sending you the details...


Please find attached complete training details along with the quotation.  
Go through it and if any query please contact on +917448086327.

Awaiting your reply.

Admin team.  
Jeevan Raksha.  
life Saved Family Saved!

[Quoted text hidden]

---

 Training Details with quote-Tirpude college, 2019.pdf  
451K**OFFICIATING PRINCIPAL**  
Siri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

To,

Nitu Jaiswal,  
9372167250

Shri Balasaheb Tirpude College of Hotel Management & Catering Technology,  
Nagpur.

**Subject:** First-Aid & Resuscitation Training Details.

Dear Madam,

Jeevan Raksha is a charitable organization working into the field of First-Aid and Resuscitation Training for last 19 years, till date over 02 lac people of government and private sectors have been trained by the institute in urban and rural areas of Maharashtra State.

We are supplying here with the training details along with brochure for your perusal.

Note: Please visit our website: [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

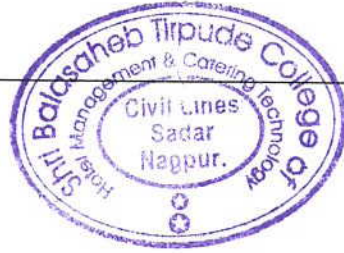
Thanking you with regards.

Date: 31/07/2019

Dr. Shyam Laddha  
Director, Jeevan Raksha

Place: Nagpur.  
Life Saved, Family Saved!

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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





**Jeevan Raksha**  
**First-Aid and Pre-Hospital Management Training Details.**

- [1] **Registration:** Restricted up to 30 candidates in one batch.
- [2] **Duration:** 05 hours.
- [3] **Venue:** At your premises.
- [4] **Cooperation Fees:** Rs. 40500/- (Forty Thousand five hundred) for two batches of 60 participants, with a charge of Rs. 675/- per head if number exceeds 60.

**Cooperation Fees Includes:**

- [a] Power point presentation.
- [b] Practical Demonstration on various Manikins.
- [c] Skill Stations: Hands on Practice for the 30 participants of each batch.
- [c] Disposable Training Material.
- [e] Theory Examination [Objective type] and Practical Examination.
- [f] Certificates & I.D. cards as a "First-Aid Provider"

**NOTE:** 03 self photograph of stamp size to be given along with the registration form by all the participants.

---

[5] Letter of invitation by your company in the name of Director, Jeevan Raksha, Medical Rescue and Resuscitation Training Institute, Nagpur [Maharashtra], India.



OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

**To,**  
Nitu Jaiswal  
Tirpude College, Nagpur.

Date: 31/07/2019

**Subject: First-Aid Training Workshop.**

| DATE OF TRAINING WORKSHOP                        | BATCH NO | TIME DURATION               | NUMBER OF PARTICIPANTS. | COOPERATION FEES.                          |
|--|----------|-----------------------------|-------------------------|--|
| 09 <sup>th</sup> & 10 <sup>th</sup> August, 2019 | Two      | 12.00-05.00 pm<br>(5 hours) | 60 (maximum)            | Rs. 40500=00 (forty Thousand five hundred) |

**Note:**

- Certificates & I.D. cards as a First-Aid Provider will be given to all the participants.
- If the participants are more than 60 then Rs. 675/ per head will be charged **Extra**.
- LCD Projector, **Collar Mike**, Laptop to be provided by Tirpude College, Nagpur at the venue. A technical person will be needed to handle the electronic equipment.
- 03 office tables will be required (to be provided by Tirpude College)
- Hands on practice to all 60 participants.

Regards.

**For SAGAR**  
[Admin Head]  
**JEEVAN RAKSHA.**  
**Life Saved, Family Saved!**



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## INDEX.

- Covering Letter.
- First-Aid & Resuscitation Certificate Course Training Details
- Training Syllabus.
- Registration Form.
- Brochure. [Hard Copy]On Demand.
- Visit our website: [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

### CONTACT US:

**Mobile No's:** 7448086327, 7387914477.

**Email:** [drshyamladdha@hotmail.com](mailto:drshyamladdha@hotmail.com)  
[sagar.jrct@gmail.com](mailto:sagar.jrct@gmail.com)

**Website:** [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)



OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

To,  
Nitu Jaiswal,  
9372167250  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology,  
Nagpur.

**Subject:** First-Aid & Resuscitation Training Details.

Dear Madam,

Jeevan Raksha is a charitable organization working into the field of First-Aid and Resuscitation Training for last 19 years, till date over 02 lac people of government and private sectors have been trained by the institute in urban and rural areas of Maharashtra State.

We are supplying here with the training details along with brochure for your perusal.

Note: Please visit our website: [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

Thanking you with regards.

Date: 17/07/2019

Dr. Shyam Laddha  
Director, Jeevan Raksha

Place: Nagpur.  
Life Saved, Family Saved!

---



OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

To,  
Nitu Jaiswal  
Tirpude College, Nagpur.

Date: 17/07/2019

**Subject: First-Aid Training Workshop.**

| DATE OF TRAINING WORKSHOP                           | BATCH NO | TIME DURATION                  | NUMBER OF PARTICIPANTS. | COOPERATION FEES.                    |
|---|----------|--------------------------------|-------------------------|--------------------------------------|
| 09 <sup>th</sup> & 10 <sup>th</sup><br>August, 2019 | Two      | 12.00-05.00<br>pm<br>(5 hours) | 60 (maximum)            | Rs. 42000=00 (forty<br>two Thousand) |

**Note:**

- Certificates & I.D. cards as a First-Aid Provider will be given to all the participants.
- If the participants are more than 60 then Rs. 700/ per head will be charged **Extra**.
- LCD Projector, **Collar Mike**, Laptop to be provided by Tirpude College, Nagpur at the venue. A technical person will be needed to handle the electronic equipment.
- 03 office tables will be required (to be provided by Tirpude College)
- Hands on practice to all 60 participants.

Regards.

**For SAGAR**  
[Admin Head]  
**JEEVAN RAKSHA.**  
**Life Saved, Family Saved!**



**Jeevan Raksha**  
**First-Aid and Pre-Hospital Management Training Details.**

- [1] **Registration:** Restricted up to 30 candidates in one batch.  
[2] **Duration:** 05 hours.  
[3] **Venue:** At your premises.  
[4] **Cooperation Fees:** Rs. 42000/- (Forty two Thousand) for two batches of 60 participants, with a charge of Rs. 700/- per head if number exceeds 60.

**Cooperation Fees Includes:**

- [a] Power point presentation.  
[b] Practical Demonstration on various Manikins.  
[c] Skill Stations: Hands on Practice for the 30 participants.  
[c] Disposable Training Material.  
[e] Theory Examination [Objective type] and Practical Examination.  
[f] Certificates & I.D. cards as a "First-Aid Provider"

**NOTE:** 03 self photograph of stamp size to be given along with the registration form by all the participants.

---

[5] Letter of invitation by your company in the name of Director, Jeevan Raksha, Medical Rescue and Resuscitation Training Institute, Nagpur [Maharashtra], India.



OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## ARRANGEMENTS BY Tirpude College, Nagpur AT VENUE

1. LCD projector with screen.
2. 03 office tables.
3. **Collar Mike.**
4. Laptop.
5. Pointer.
6. Technical person to handle the electronic equipments.
7. Lunch for the faculty & accompanied staff.



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# JEEVAN RAKSHA

## Safety, First-Aid and Pre-Hospital Management

### Certificate Training Course Syllabus:

#### 1. Introduction

- \* What is First-Aid?
- \* Being a First-Aid Provider.
- \* Anatomy & Physiology. [In Brief]

#### 2. Action at an Emergency

- A. Disorders of the Respiratory System. [Cold to Asthma]
- B. Disorders of the Circulatory System. [Vertigo to Heart attack]
- C. Disorders of Nervous System. [Headache to Head injury]
- D. Wounds and Bleeding Management. [Abrasion to Stab injury]
- E. Bones, Joints & Muscle Injuries. [Soft tissue injury to Fracture]
- F. Burns & Scalds.[Minor to third degree]

#### 3. Road Traffic Accident safety & Prevention [In Brief]

#### 4. Management & Transportation of:

- a. Conscious and Unconscious Accident and Sudden Illness Victim.
- b. Wound Cleaning & Bandaging
- c. Crush Injuries.
- d. Bomb blast & Bullet Injuries



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e. Choking

f. Fire & Burns

g. Snake & Animal Bite.

h. Poisoning.

i. Other Miscellaneous Conditions.

[Blood Pressure, Diabetes Mellitus, Spondylosis, etc]

### **5. Practical Demonstrations [Skill Stations]**

- \* CPR on Little Anni.[Artificial Respiration & External Chest Compression]
- \* Technique of Transportation for injured & unconscious victim with & without stretcher in ambulance and general vehicle.
- \* Ambu Bag/ Face shield mask Ventilation & External chest compression in Cardio- respiratory arrest condition. .
- \* Oxygen Supply on the spot and en-route to hospital.
- \* etc.

### **6. How to prepare First-Aid Kit FOR Personal/ Dept.**

### **7. Certificates & Photo laminated ID Cards Distribution.**



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College of Hotel Management  
& Catering Technology, Nagpur



Tirpude College Nagpur &lt;tirpudehmct@gmail.com&gt;

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**Consideration for cooperation fees**

---

**OLD AGE HOME AND PALLATIVE CENTER JEEVAN SURAKSHA** <sagar.jrct@gmail.com>  
To: Tirpude College Nagpur <tirpudehmct@gmail.com>

31 July 2019 at 18:42

Dear Madam,

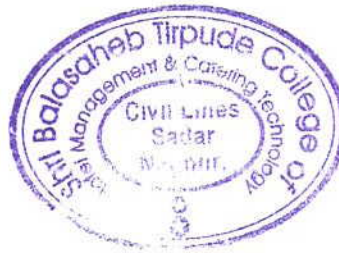
Being an Educational Institution, we are considering your request for a revised quotation and sending you the same. Kindly go through it and send your confirmation on urgent basis as we need to block dates for the same. If any query please contact on +917448086327.

Thanking you.

Admin Team.

Jeevan Raksha.  
Life Saved Family Saved!  
[Quoted text hidden]

---

 **Training Details with quote-Tirpude college, 2019 revised.pdf**  
451K

**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Reference no: SBT/HMCT/IL/2019/34

Date: - 01/08/2019

To,  
Dr. Shyam Laddha  
Director,  
Jeevan Raksha,  
Nagpur

Subject: Invitation for First Aid Training provider on 9<sup>th</sup> Aug 2019 and 10<sup>th</sup> Aug 2019


Respected Sir,

With reference to above mentioned subject we would like to invite you to organize first aid training for our students on 9<sup>th</sup> Aug 2019 and 10<sup>th</sup> Aug 2019 between 12:00 noon- 5:00 pm. There will be total 60 students on roll divided into two batches and one faculty. All necessary requirements will be ready before your arrival as per guidelines. The venue for training will be Training Restaurant at our institute.

Hoping for long and meaningful association.

Thanking you,

Regards.

  
Mitu B. Jaiswal

(Assistant Professor)

9372167250



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

## NOTICE

01/08/2019

All BHMCT V semester students are hereby informed that “First Aid Training” Program by Jeevan Raksha is scheduled on following dates:

|           |            |                |          |
|-----------|------------|----------------|----------|
| Batch “A” | 09/08/2019 | Reporting time | 11:45 am |
| Batch “B” | 10/08/2019 | Reporting time | 11:45 am |

Venue : Training Restaurant

Attending training program is compulsory.

Note: Please carry 3 stamp size photographs (in college uniform) for getting First Aid Provider Identity Card and Certificate.

By Order



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Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

after

## Batch wise Student List for First Aid Training 2019-2020

### Batch 'A'

| Sr. # | Name of Student    | Signature | Sr. # | Name of Student | Signature |
|-------|--------------------|-----------|-------|-----------------|-----------|
| 1     | Ameya Dhage        |           | 16    | Nitesh Thakre   |           |
| 2     | Amruta Mudgal      |           | 17    | Piyush Raut     |           |
| 3     | Anshul Vaidya      |           | 18    | Prashil Modak   |           |
| ④     | Arba z Pathan      |           | 19    | Pratik Gaulkar  |           |
| 5     | Ashish Gedam       |           | 20    | Ritik Parate    |           |
| 6     | Ashutosh Uike      |           | ②1    | Rohit Rai       |           |
| 7     | Bhagyashree Ganvir |           | 22    | Roshan Gosavi   |           |
| 8*    | Deepak Bhute       | -         | 23    | Sagar Tiwari    |           |
| 9     | Devyani Bhalerao   |           | 24    | Sarabjeet Singh |           |
| 10    | Hrishikesh Abdeo   |           | ②5    | Shrikant Ajmire |           |
| 11    | Khushboo Kurve     | -         | 26    | Shrutish Bhople |           |
| 12    | Mayuri Sonewale    |           | 27    | Shubham Shendre |           |
| ⑬     | Nishant Ganraj     | -         | 28    | Yash Parate     |           |
| 14    | Mohika C.          |           | 29 *  | Yashraj         | -         |
| 15    | Mangesh Wanjari    |           | 30 *  | Deepak Parate   | -         |

### Batch 'B'

| Sr. # | Name of Student     | Signature | Sr. # | Name of Student   | Signature |
|-------|---------------------|-----------|-------|-------------------|-----------|
| 1     | Abhishek Dikondwar  |           | 16    | Shantanu Sonawale |           |
| 2     | Aman Manewar        |           | 17    | Shikha Zodape     |           |
| 3     | Cheena Thakur       |           | 18    | Shreya Walde      |           |
| 4     | Esther Gunasekharen |           | 19    | Suraj Pagade      |           |
| 5     | Kunal Umredkar      |           | 20    | Sushil Kawale     |           |
| 6     | Nikhil Bombale      |           | 21    | Tanushree Sharma  |           |
| 7     | Pallavi Bankar      |           | 22    | Tarun Das         |           |
| 8     | Priyank Sehgal      |           | 23    | Varun Phadnis     |           |
| 9     | Rahul Kawatghare    |           | 24    | Vishal Yadav      |           |
| 10    | Sahii Upianchiwar   |           | 25    | Dhanshri B.       |           |
| 11    | Samiksha Gawali     |           | 26    | Surabhi S.        |           |
| 12    | Sanket Murmare      |           | 27    | Vaishnavi Z.      |           |
| 13    | Saurabh Bhanarkar   |           | 28    | Sandesh Rangari   |           |
| 14    | Shalaka Bopte       |           | 29    | Vishal Waghmare   |           |
| 15    | Shantanu Datkhore   |           | 30    | Preet U           |           |
|       |                     |           | 31    | Nayan H.          |           |

## Batch wise Student List for First Aid Training 2019-2020

### Batch 'A'

| Sr. # | Name of Student    | Sr. # | Name of Student |
|-------|--------------------|-------|-----------------|
| 1     | Ameya Dhage        | 16    | Nitesh Thakre   |
| 2     | Amruta Mudgal      | 17    | Piyush Raut     |
| 3     | Anshul Vaidya      | 18    | Prashil Modak   |
| 4     | Arbaaz Khan        | 19    | Pratik Gaulkar  |
| 5     | Ashish Gedam       | 20    | Ritik Parate    |
| 6     | Ashutosh Uike      | 21    | Rohil Rai       |
| 7     | Bhagyashree Ganvir | 22    | Roshan Gosavi   |
| 8     | Deepak Bhute       | 23    | Sagar Tiwari    |
| 9     | Devyani Bhalerao   | 24    | Sarabjeet Singh |
| 10    | Hrishikesh Abdeo   | 25    | Shrikant Ajmire |
| 11    | Khushboo Kurve     | 26    | Shrutish Bhople |
| 12    | Mayuri Sonewale    | 27    | Shubham Shendre |
| 13    | Nishant Gunraj     | 28    | Yash Parate     |
| 14    | Mohika C.          | 29    | Yashraj         |
| 15    | Mangesh Wanjari    | 30    | Deepak Parate   |

### Batch 'B'

| Sr. # | Name of Student     | Sr. # | Name of Student   |
|-------|---------------------|-------|-------------------|
| 1     | Abhishek Dikondwar  | 16    | Shantanu Sonawale |
| 2     | Aman Manewar        | 17    | Shikha Zodape     |
| 3     | Cheena Thakur       | 18    | Shreya Walde      |
| 4     | Esther Gunasekharen | 19    | Suraj Pagade      |
| 5     | Kunal Umredkar      | 20    | Sushil Kawale     |
| 6     | Nikhil Bombale      | 21    | Tanushree Sharma  |
| 7     | Pallavi Bankar      | 22    | Tarun Das         |
| 8     | Priyank Sehgal      | 23    | Varun Phadnis     |
| 9     | Rahul Kawatghare    | 24    | Vishal Yadav      |
| 10    | Sahil Uplanchiwar   | 25    | Dhanshri B.       |
| 11    | Samiksha Gawali     | 26    | Surabhi S.        |
| 12    | Sanket Murmare      | 27    | Vaishnavi Z.      |
| 13    | Saurabh Bhanarkar   | 28    | Sandesh Rangari   |
| 14    | Shalaka Bopte       | 29    | Vishal Waghmare   |
| 15    | Shantanu Datkhore   | 30    | Preet U           |
|       |                     | 31    | Nayan H.          |



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College of Hotel Management  
& Catering Technology, Nagpur

**JEEVAN RAKSHA**

**SAFETY, FIRST-AID & RESUSCITATION TRAINING WORKSHOP.**

**PARTICIPANTS: Shri. Balasaheb Tirpude college of Hotel management and catering technology, NAGPUR.**

---

**Date: 9<sup>TH</sup> AND 10<sup>TH</sup> AUG, 2019.**

---

**COURSE CONTENT: -----EXCELLENT                      GOOD.                      AVERAGE**

**COURSE DURATION:----- EXCELLENT                      GOOD                      AVERAGE.**

**COURSE VENUE:----- EXCELLENT                      GOOD                      AVERAGE.**

**Would you reattend this course in future?      YES/ NO**

**Would you recommend this course to someone?      YES/ NO**

**Are you confident in handling accident victim?      YES/ NO**

**Any Suggestion:**

**Complete Name & Designation:**

**Mobile No:**



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (0) +91 712 2550695 Fax : 01 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 26/092018

To,

The Principal,

Shri Balasaheb Tirpude College of  
Hotel Management and Catering Technology,  
Nagpur.

Subject: Submission of report on 'Women's Self Defense Training conducted by NSS Unit and ICC committee of College' dated on 24<sup>th</sup> September, 2018 at Classroom VI for the Academic Year 2018-19 between 10.00hrs-12.00hrs.

Respected Sir,

I undersigned, submit the report on 'Women's Self Defense Training conducted by NSS Unit and ICC committee of College' dated on 24th September, 2018 at Classroom VI for the Academic Year 2018-19 between 10.00hrs-12.00hrs.

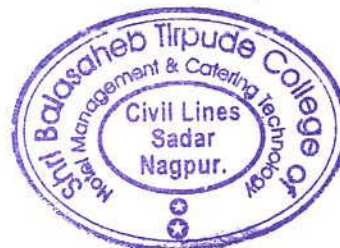
Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Event Co-Ordinator

Event Co-Ordinator



AKSHAY  
KRISHNA  
DANDALE

Digitally signed by  
AKSHAY KRISHNA  
DANDALE  
Date: 2023.07.11  
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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



# **NATIONAL SERVICE SCHEME ACTIVITY**

**NAME OF THE EVENT:** Session on self-defense for girls.

**DATE:** 24/09/2018

**NUMBER OF STUDENTS PRESENT:** 50

**NUMBER OF NSS MEMBERS PRESENT:::**05

**NUMBER OF PARTICIPATING FACULTY MEMBERS:** 02

**CONTRIBUTION MADE BY:** The students of Shri BalasahebTirpude College Of Hotel Management And Catering Technology, Civil Lines, Sadar, Nagpur.

**NAME OF THE BENEFITTED ORGANISATION:**Shri BalasahebTirpude College Of Hotel Management And Catering Technology, Civil Lines, Sadar, Nagpur.

**ADDRESS:** Civil Lines, Sadar, Nagpur.

## **TASKS UNDERTAKEN:**

1. The female students of the college were gathered in a class.
2. Mr.SandeshRangari and Mr.Mitesh Pandey of the same college told about various dangerous situations that girls might face in everyday lives.
3. They illustrated self-defense techniques that the girls might use to defend themselves.
4. The girls were told to be empowered and confident while using these techniques.

**FEEDBACK FROM THE ORGANISATION:** The session proved to be useful in terms of girls' safety.

## **Achievements:**

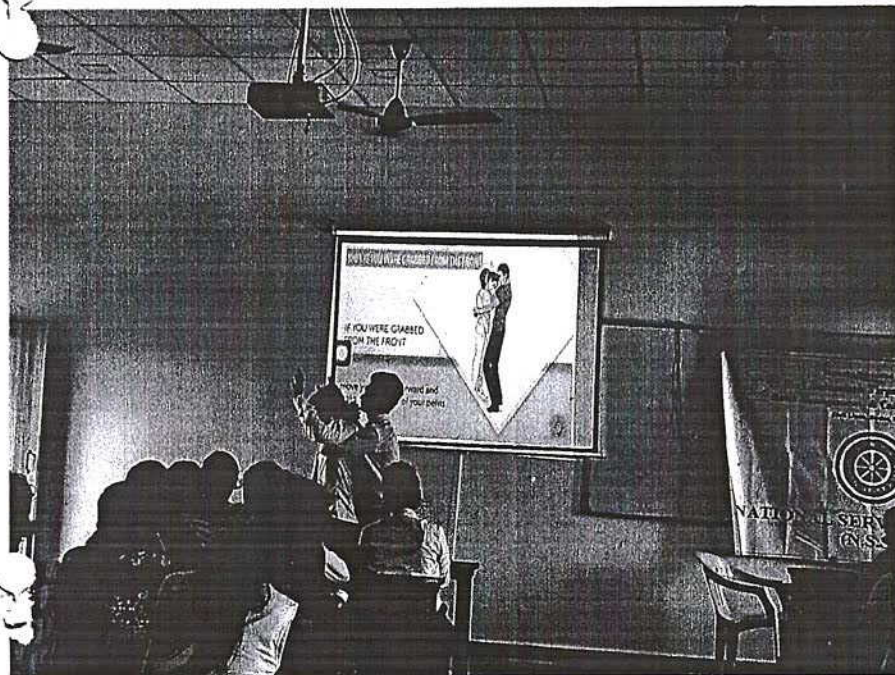
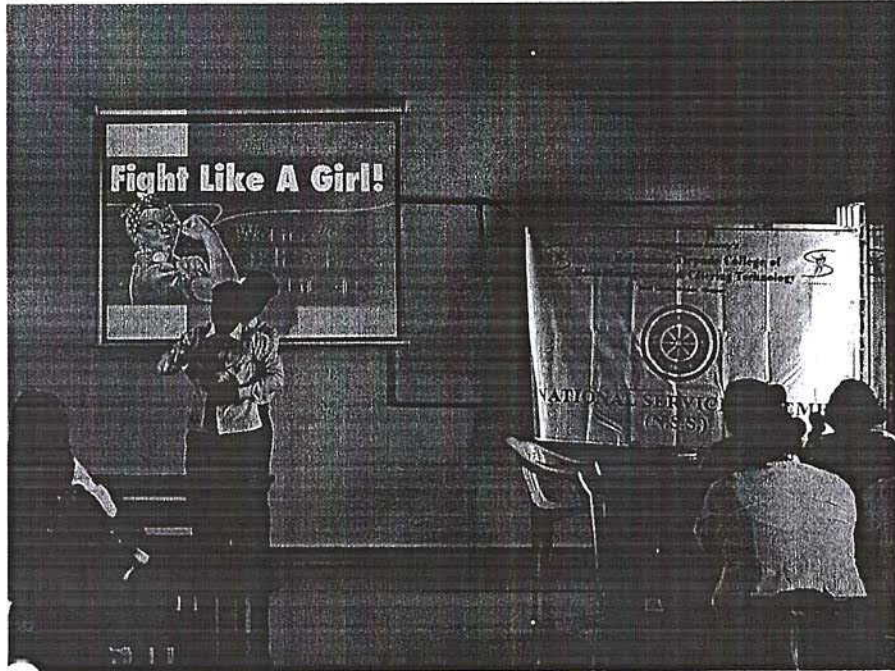
1. The activity was successfully carried out.
2. The girls were made aware about the techniques they can use when faced by dangerous situations.



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DANDALE

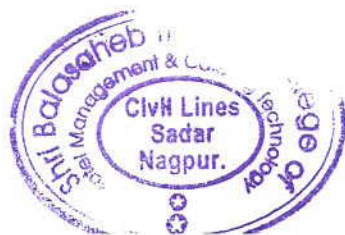
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**OFFICIATING PRINCIPAL**  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



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OFFICIATING PRINCIPAL  
Shri. Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



AKSHAY KRISHNA DANDALE  
OFFICE PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

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YUGANJAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001

Phone : (O) +91 712 2550695 Fax : +91 712 2550695

Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 14/07/2018

To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology,

Nagpur.

Subject: Submission of report on 'First Aid Training Programme' by Jeevan Raksha, dated on 12<sup>th</sup> and 13<sup>th</sup> July, 2018 at Training Restaurant and Bar for the Academic Year 2018-19 between 12 hrs-17.00hrs.

Respected Sir,

I undersigned, submit the report on 'First Aid Training Programme' by Jeevan Raksha, dated on 12th and 13th July, 2018 Training Restaurant and Bar for the Academic Year 2018-19 between 12 hrs-17.00hrs.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Mr. Akshay Dandale

Event Co-Ordinator



AKSHAY  
KRISHNA  
DANDALE

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AKSHAY KRISHNA  
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Date: 2023.07.15  
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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



# Report on First-aid Training

BY DR. SHYAM LADDHA

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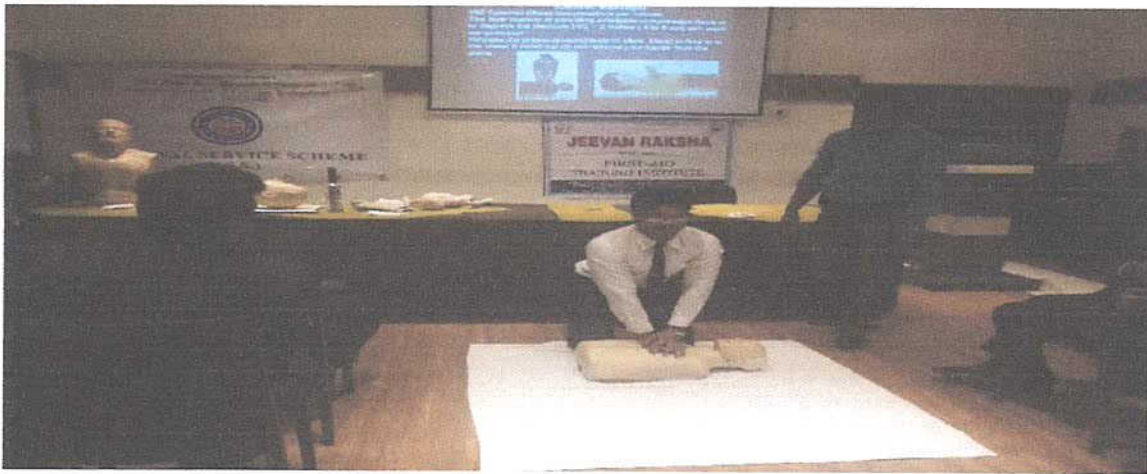
OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



## Report on First Aid Training Programme by Jeevan Raksha for BHMCT Semester- V 2018-19

A training programme on First Aid has been organised by Jeevan Raksha on 12<sup>th</sup> and 13<sup>th</sup> July 2018 at the Training Restaurant, for BHMCT Semester- V Students. 52 students of BHMCT Semester have attended the training programme along with Assistant Professor Ms. Nitu Jaiswal. Assistant Professor Yelesh Lanjewar Welcomes Delegates from Jeevan Raksha and One of our student Nidhi Valentino Rocks, provided the welcome speech and vote of thanks. Both the sessions on First Aid were facilitated by Dr. Shyam Laddha Director, Jeevan Raksha.

The training focused on Aim of First Aid, how to perform CPR, Choking, wound care, how to manage every day minor accidents and Learn how to treat an unconscious and breathing casualty and manage minor cuts, grazes, bleeding and burns. First Aid generally consists of a series of simple and in some cases, potentially lifesaving techniques that an individual can be trained to perform with minimal equipment.



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DANDALE  
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OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





After conducting every Sessions Written test were conducted and feedbacks on training session were collected by the Jeevan Raksha team then the Certificates were distributed among participants. The whole event was organised by college NSS cell.



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DANDALE

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AKSHAY KRISHNA  
DANDALE  
Date: 2023.07.15  
10:53:30 +05'30'

OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



Tirpude College Nagpur &lt;tirpudehmct@gmail.com&gt;

## First Aid Training to Students

6 messages

**Tirpude College Nagpur** <tirpudehmct@gmail.com>  
To: Sagar.jrct@gmail.com

26 June 2018 at 09:49

Sir,

We are leading Hotel Management College running four years degree in Hotel Management and Catering Technology. As per curriculum third year students have first aid training in practical. we have total 58 students in bhmct third year batch. which can be divided into two batches for training for two day training session. This is a kind request to provide best proposal from your side. Please find contents of their syllabus attached with this mail.

thanking you,

--  
Regards,  
Akshay Dandale  
Associate Professor  
0860888084

Shri Balasaheb Tirpude college of Hotel Management and Catering Technology  
1, Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur.  
Maharashtra. 440001



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4274K

**sagar laddha** <sagar.jrct@gmail.com>  
To: Tirpude College Nagpur <tirpudehmct@gmail.com>

26 June 2018 at 16:54

Dear Sir,

As per your talk with SAGAR Sir, we are forwarding you all the training details along with the quote. Please go through it and if any query please contact on +917448086327.

Awaiting your reply.

Thanks.

Admin Team.  
Jeevan Raksha.  
Life Saved Family Saved!  
[Quoted text hidden]

AKSHAY  
KRISHNA  
DANDALE

Digitally signed by  
AKSHAY KRISHNA  
DANDALE  
Date: 2023.07.15  
10:53:46 +05'30'

OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



Training Details with quote-26.06.18.docx  
26K

**Tirpude College Nagpur** <tirpudehmct@gmail.com>  
To: sagar laddha <sagar.jrct@gmail.com>

27 June 2018 at 10:40



2018

## INDEX.

- Covering Letter.
- First-Aid & Resuscitation Certificate Course Training Details
- Training Syllabus.
- Registration Form.
- Brochure. [Hard Copy]On Demand.
- Visit our website: [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

Sagar Laddha

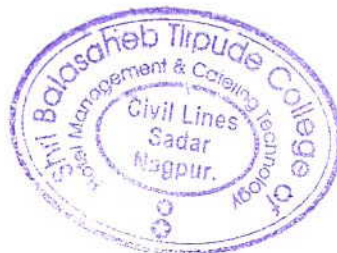
**CONTACT US:**

**Mobile No's:** 7448086327, 7387914477.

**Email:** [drshyamladdha@hotmail.com](mailto:drshyamladdha@hotmail.com)  
[sagar.jrct@gmail.com](mailto:sagar.jrct@gmail.com)

**Website:** [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

12 & 13 July  
12:00 noon to 5:00pm



61  
30  
31

OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur

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To,  
Akshay Dandale,  
Associate Professor,  
Shri Balasaheb Tirpude College of Hotel Management & Catering Technology,  
Nagpur.

**Subject:** First-Aid & Resuscitation Training Details.

Dear Sir,

Jeevan Raksha is a charitable organization working into the field of First-Aid and Resuscitation Training for last 18 years, till date over 1.75 lac people of government and private sectors have been trained by the institute in urban and rural areas of Maharashtra State.

We are supplying here with the training details along with brochure for your perusal.

Note: Please visit our website: [www.jeevanrakshaindia.org](http://www.jeevanrakshaindia.org)

Thanking you with regards.

Date: 26/06/2018

Dr. Shyam Laddha  
Director, Jeevan Raksha

Place: Nagpur.  
Life Saved, Family Saved!

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College of Hotel Management  
& Catering Technology, Nagpur



To,  
Akshay Dandale  
Tirpude College, Nagpur.

Date: 26/06/2018

**Subject: First-Aid Training Workshop.**

| DATE OF TRAINING WORKSHOP | BATCH NO | TIME DURATION               | NUMBER OF PARTICIPANTS. | COOPERATION FEES.  |
|---------------------------|----------|-----------------------------|-------------------------|--|
| Not Yet Decided           | Two      | 12.00-05.00 pm<br>(5 hours) | 58                      | Rs. 39150=00 (Thirty Nine Thousand One hundred fifty only) |

**Note:**

- Certificates & I.D. cards as a First-Aid Provider will be given to all the participants.
- If the participants are more than 58 then Rs. 675/ per head will be charged **Extra**.
- LCD Projector, **Collar Mike**, Laptop to be provided by Tirpude College, Nagpur at the venue. A technical person will be needed to handle the electronic equipment.
- 03 office tables will be required (to be provided by Tirpude College)
- Hands on practice to all 58 participants.

Regards.

**For SAGAR**  
[Admin Head]  
**JEEVAN RAKSHA.**  
**Life Saved, Family Saved!**

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$$\underline{53 \times 675 = 35,775}$$

" JEEVAN RAKSHA CHARITABLE TRUST "  
Cheque in favour .

**Jeevan Raksha**  
**First-Aid and Pre-Hospital Management Training Details.**

- [1] **Registration:** Restricted up to 25 candidates in one batch.  
[2] **Duration:** 05 hours.  
[3] **Venue:** At your premises.  
[4] **Cooperation Fees:** Rs. 39150/- (Thirty Nine Thousand one hundred fifty only) for two batches of 58 participants, with a charge of Rs. 675/- per head if number exceeds 58.

**Cooperation Fees Includes:**

- [a] Power point presentation.  
[b] Practical Demonstration on various Manikins.  
[c] Skill Stations: Hands on Practice for the 25 participants.  
[c] Disposable Training Material.  
[e] Theory Examination [Objective type] and Practical Examination.  
[f] Certificates & I.D. cards as a "First-Aid Provider"

**NOTE:** 03 self photograph of stamp size to be given along with the registration form by all the participants.

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[5] Letter of invitation by your company in the name of Director, Jeevan Raksha, Medical Rescue and Resuscitation Training Institute, Nagpur [Maharashtra], India.

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## ARRANGEMENTS BY Tirpude College, Nagpur AT VENUE

1. LCD projector with screen.
2. 03 office tables.
3. **Collar Mike.**
4. Laptop.
5. Pointer.
6. Technical person to handle the electronic equipments.
7. Lunch for the faculty & accompanied staff.

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College of Hotel Management  
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# JEEVAN RAKSHA

## Safety, First-Aid and Pre-Hospital Management

### Certificate Training Course Syllabus:

#### 1. Introduction

- \* What is First-Aid?
- \* Being a First-Aid Provider.
- \* Anatomy & Physiology. [In Brief]

#### 2. Action at an Emergency

- A. Disorders of the Respiratory System. [Cold to Asthma]
- B. Disorders of the Circulatory System. [Vertigo to Heart attack]
- C. Disorders of Nervous System. [Headache to Head injury]
- D. Wounds and Bleeding Management. [Abrasion to Stab injury]
- E. Bones, Joints & Muscle Injuries. [Soft tissue injury to Fracture]
- F. Burns & Scalds. [Minor to third degree]

#### 3. Road Traffic Accident safety & Prevention [In Brief]

#### 4. Management & Transportation of:

- a. Conscious and Unconscious Accident and Sudden Illness Victim.
- b. Wound Cleaning & Bandaging
- c. Crush Injuries.
- d. Bomb blast & Bullet Injuries

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e. Choking

f. Fire & Burns

g. Snake & Animal Bite.

h. Poisoning.

i. Other Miscellaneous Conditions.

[Blood Pressure, Diabetes Mellitus, Spondylosis, etc]

## 5. Practical Demonstrations [Skill Stations]

- \* CPR on Little Anni.[Artificial Respiration & External Chest Compression]
- \* Technique of Transportation for injured & unconscious victim with & without stretcher in ambulance and general vehicle.
- \* Ambu Bag/ Face shield mask Ventilation & External chest compression in Cardio- respiratory arrest condition. .
- \* Oxygen Supply on the spot and en-route to hospital.
- \* etc.

## 6. How to prepare First-Aid Kit FOR Personal/ Dept.

## 7. Certificates & Photo laminated ID Cards Distribution.

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YUGANTAR EDUCATION SOCIETY'S

**SHRI BALASAHEB TIRPUDE COLLEGE OF  
HOTEL MANAGEMENT & CATERING TECHNOLOGY**

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695, 2550032, 2538935 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.org

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM College Code - 007

Reference no : SBT/HMCT/IL/2018/646

Date:- 09/07/2018

To,  
Dr. Shyam Laddha  
Director,  
Jeevan Raksha,  
Nagpur

Subject: Invitation for First Aid Training provider on 12<sup>th</sup> July 2018 and 13<sup>th</sup> July 2018

Respected Sir,

With reference to above mentioned subject we would like to invite you to organize first aid training for our students on 12<sup>th</sup> July 2018 and 13<sup>th</sup> July 2018 between 12:00 noon- 5:00 pm. There will be total 56 students on roll divided into to batches and one faculty. All necessary requirements will be ready before your arrival as per guidelines. The venue for training will be Training Restaurant at our institute.

Hoping for long and meaningful association.

Thanking you,

Regards.

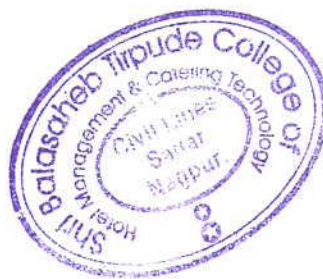
Akshay Dandale

(Associate Professor)

9850888084

**AKSHAY K. DANDALE**

Associate Professor  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur.



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& Catering Technology, Nagpur



**SHRI. BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY**  
**SESSION 2018-2019 - B. HMCT - V Semester ATTENDANCE SHEET**  
**FIRST AID TRAINING PROGRAM DATE:12/07/2018**

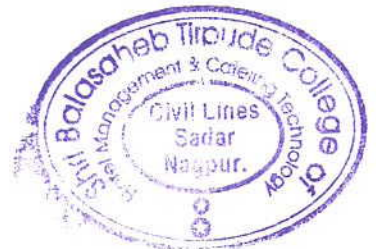
|     | NAME OF STUDENT     | SIGNATURE                  |                            |
|-----|---------------------|----------------------------|----------------------------|
| 1.  | AANCHAL JAISWAL     | <i>Aanchal</i>             | <i>Aanchal</i>             |
| 2.  | ABHAY KASHYAP       | <i>Abhay Kashyap</i>       | <i>Abhay Kashyap</i>       |
| 3.  | ABHIJEET HASTE      | <i>Abhijeet Haste</i>      | <i>Abhijeet Haste</i>      |
| 4.  | ABHISHEK LANJEWAR   | <i>Abhishek Lanjewar</i>   | <i>Abhishek Lanjewar</i>   |
| 5.  | ADITI TAYDE         | <i>Aditi Tayde</i>         | <i>Aditi Tayde</i>         |
| 6.  | AKANSHA FASE        | <i>Akansha Fase</i>        | <i>Akansha Fase</i>        |
| 7.  | ALVIYA FAROOQUI     | <i>Alviya Farooqui</i>     | <i>Alviya Farooqui</i>     |
| 8.  | AMIT BOPCHE         | <i>Amit Bopche</i>         | <i>Amit Bopche</i>         |
| 9.  | AMOL KATKAR         | <i>Amol Katkar</i>         | <i>Amol Katkar</i>         |
| 10. | ANIKET YENURKAR     | <i>Aniket Yenurkar</i>     | <i>Aniket Yenurkar</i>     |
| 11. | ANJALI SAHU (DIR)   | <i>Anjali Sahu</i>         | <i>Anjali Sahu</i>         |
| 12. | ANVAY ANIL MADAVI   | <i>Anvay Anil Madavi</i>   | <i>Anvay Anil Madavi</i>   |
| 13. | APEKSHA MESHARAM    | <i>Apeksha Mesharam</i>    | <i>Apeksha Mesharam</i>    |
| 14. | ASHISH PUNDE        | <i>Ashish Punde</i>        | <i>Ashish Punde</i>        |
| 15. | ATHARVA DABKE       | <i>Atharva Dabke</i>       | <i>Atharva Dabke</i>       |
| 16. | BHAVESH WANKHADE    | <i>Bhavesh Wankhade</i>    | <i>Bhavesh Wankhade</i>    |
| 17. | BILAL SADIK BELIM   | <i>Bilal Sadik Belim</i>   | <i>Bilal Sadik Belim</i>   |
| 18. | DEVENDRA PANCHABHAI | <i>Devendra Panchabhai</i> | <i>Devendra Panchabhai</i> |
| 19. | DURGESH MADNE       | <i>Durgesh Madne</i>       | <i>Durgesh Madne</i>       |
| 20. | HEROLD R. D'CRUZ    | <i>Herold R. D'cruz</i>    | <i>Herold R. D'cruz</i>    |
| 21. | KAIWALYA KHARWADE   | <i>Kaiwalya Kharwade</i>   | <i>Kaiwalya Kharwade</i>   |
| 22. | KUNAL PIRWANI       | <i>K.R. Pirwani</i>        | <i>K.R. Pirwani</i>        |
| 23. | MAHENDRA KALAMKAR   | <i>Mahendra Kalamkar</i>   | <i>Mahendra Kalamkar</i>   |
| 24. | MANISH BISEN        | <i>Manish Bisen</i>        | <i>Manish Bisen</i>        |
| 25. | MAYURI BHANDARKAR   | <i>Mayuri Bhandarkar</i>   | <i>Mayuri Bhandarkar</i>   |
| 26. | MEGHA RAMTEKE       | <i>Megha Ramteke</i>       | <i>Megha Ramteke</i>       |
| 27. | MILAN KHURANA       | <i>Milan Khurana</i>       | <i>Milan Khurana</i>       |
| 28. | MONA GHUNAGE        | <i>Mona Ghunage</i>        | <i>Mona Ghunage</i>        |

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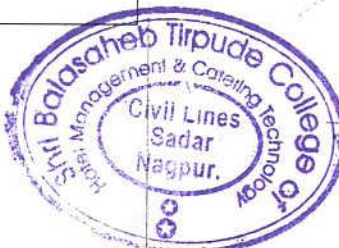


**SHRI. BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING T**  
**SESSION 2018-2019 - B. HMCT - V Semester ATTENDANCE SHEET**  
**FIRST AID TRAINING PROGRAM DATE:13/07/2018**

|     |                     |                     |                     |
|-----|---------------------|---------------------|---------------------|
| 29. | NIDHI ROCQUE        | <u>Nidhi</u>        | <u>Nidhi</u>        |
| 30. | NIKHIL UTKHEDE      | <u>N. Utthede</u>   | <u>N. Utthede</u>   |
| 31. | NISHANT THAKARE     | <u>Nax</u>          | <u>Nax</u>          |
| 32. | OMKESH WADHER       | <u>O. N wadher</u>  | <u>O. N wadher</u>  |
| 33. | PALASH KHANDURI     | <u>Palash</u>       | <u>Palash</u>       |
| 34. | PRAJWAL SHEREKAR    | <u>Psherekar</u>    | <u>Psherekar</u>    |
| 35. | PRAKASH BHOYAR      | <u>Bhojar</u>       | <u>Bhojar</u>       |
| 36. | PRATIK BARAPATRE    | <u>P. Barapatre</u> | <u>P. Barapatre</u> |
| 37. | RAHUL BARWAD        | <u>R. I. Barwad</u> | <u>R. I. Barwad</u> |
| 38. | RUSHIKESH DESHPANDE | <u>Rushi</u>        |                     |
| 39. | SACHIN SHRIRAME     | <u>SRR</u>          |                     |
| 40. | SAGAR DAKHOLE       | <u>Sakhole</u>      | <u>Sakhole</u>      |
| 41. | SAINATHI GANJIWAR   | <u>Sainath</u>      | <u>Sainath</u>      |
| 42. | SANKET DEOGHARE     | <u>Sanket</u>       | <u>Sanket</u>       |
| 43. | SAURABH JANBANDHU   | <u>SA</u>           | <u>SA</u>           |
| 44. | SHAILESH PAUT       | <u>Shail</u>        | <u>Shail</u>        |
| 45. | SHARVIL BHOPLA      | <u>Sharvi</u>       | <u>Sharvi</u>       |
| 46. | SHIVAM ROTKE        | <u>ABSENT</u>       | <u>ABSENT</u>       |
| 47. | SIDDHANT DARWHEKAR  | <u>Siddhant</u>     | <u>Siddhant</u>     |
| 48. | SOHEL ANSARI        | <u>Sohel A</u>      | <u>Sohel A</u>      |
| 49. | SRUSHTI WATKAR      | <u>Srushti</u>      | <u>Srushti</u>      |
| 50. | SWAGATA DESHMUKH    | <u>Swagata</u>      | <u>Swagata</u>      |
| 51. | TEJAS HADE          | <u>Tejasa</u>       | <u>Tejasa</u>       |
| 52. | TRUSHANT KAWALE     | <u>Trushant</u>     | <u>Trushant</u>     |
| 53. | TUSHAR RAKSHE       | <u>ABSENT</u>       | <u>ABSENT</u>       |
| 54. | VAIBHAV DONGARWAR   | <u>Vaibhav</u>      | <u>Vaibhav</u>      |
| 55. | VIJAY TEMBHARE      | <u>Vijay</u>        | <u>Vijay</u>        |
| 56. | YOGESH RAUT         | <u>Yogesh</u>       | <u>Yogesh</u>       |
| 57. | NITIJ JAISWAL       | <u>Jaiswal</u>      |                     |
| 58. |                     |                     |                     |

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**JEEVAN RAKSHA**  
**Safety, First-Aid and Pre-Hospital Management Training Course.**

**REGISTRATION FORM**

Name of the candidate: \_\_\_\_\_

[Full name in capital letters]

Name of college: Shri Balasaheb Tirpude College of Hotel Management and  
Catering Technology, Nagpur.

Residential address:

\_\_\_\_\_  
\_\_\_\_\_

land line no: \_\_\_\_\_ cell number: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Height: \_\_\_\_\_(inches)

Weight: \_\_\_\_\_ (kgs) BMI: \_\_\_\_\_ Blood group: \_\_\_\_\_

Any training of Safety, First-Aid & Resuscitation done in the past YES/NO:

If yes, then please mention the course name, institute name and year of

passing: \_\_\_\_\_

[Signature of the candidate]

Date:

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JEEVAN RAKSHA SAFETY, FIRST-AID AND RESUSCITATION TRAINING INSTITUTE, NAGPUR.  
[MAHARASHTRA]

QUESTION PAPER.

Q. NO. 01: FILL IN THE BLANKS

- A. Total number of bones in human body-----  
B. Total quantity of blood in human body-----  
C. Hearts beats for how many times-----  
D Normal fasting blood sugar level in blood-----  
E What one should do when heart stops-----

Q. NO. 02: TRUE/FALSE

- A. CPR Ration is 30:2  
B. Ambu bag is for artificial respiration.  
C. Keep the head in backward bending position in nose bleed  
D. Wash the animal bite wound with water and soap

NAME: \_\_\_\_\_

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