



SHRI BALASAHEB TIRPUDE  
COLLEGE OF HOTEL MANAGEMENT  
AND CATERING TECHNOLOGY



INTERNAL COMPLAINT  
COMMITTEE

Presents  
Training session for menstrual health  
and hygiene on 27<sup>th</sup> November 2021  
at 1.30pm on Zoom



Global Hunt  
**FOUNDATION™**  
Creating Sustainable Solutions

Speaker  
Mrs. Nitya Choudhary  
CRS Executive  
Unicharm India



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

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Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 29/11/2021

To,

The Principal,

Shri Balasaheb Tirpude College of  
Hotel Management and Catering Technology,  
Nagpur.

Subject: Submission of report on 'Online Menstrual Hygiene Training' by Global Hunt/Unicharm, held on 27<sup>th</sup> November, 2021 on Zoom Meeting Platform for the Academic Year 2021-22 at 13.30.

Respected Sir,

I undersigned, submit the report on "Online Menstrual Hygiene Training" by Global Hunt/Unicharm, held on 27<sup>th</sup> November, 2021 on Zoom Meeting Platform for the Academic Year 2021-22 at 13.30.

Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Ms. Nitu B. Jaiswal

**NIJUJAISWAL**  
Event Co-Ordinator  
Assistant Professor  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur



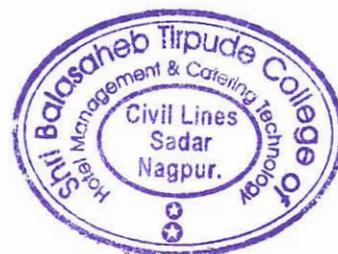
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11/1/2021



# Online Training Session on Menstrual Hygiene for Female Students

Organised by: Internal Complaint Committee of  
Shri Balasaheb Tirpude College of Hotel  
Management and Catering Technology and  
Globalhunt Foundation, /Unicharm India



  
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Gender inequality, cultural taboos and poverty can cause menstrual health needs to go unmet. –  for every child

The onset of menstruation means a new phase – and new vulnerabilities – in the lives of adolescents. Yet, many adolescent girls face stigma, harassment and social exclusion during menstruation. Gender inequality, discriminatory social norms, cultural taboos, poverty and lack of basic services like toilets and sanitary products can all cause menstrual health and hygiene needs to go unmet.

Hence Education on Menstrual hygiene is vital to the empowerment and well-being of women and girls worldwide. It is about more than just access to sanitary pads and appropriate toilets – though those are important. It is also about ensuring women and girls live in an environment that values and supports their ability to manage their menstruation with dignity.

Keeping this concept in Mind Internal Complaint Committee of Shri Balasaheb Tirpude College of Hotel Management and Catering Technology and Globalhunt Foundation, /Unicharm India had jointly organises the online Training Session on Menstrual Hygiene for Female Students on 27<sup>th</sup> November, 2021 via Zoom Platform due to pandemic restrictions. Ms. Roshnee Bhowmick CSR Executive, of Unicharm India had conducted 45 minutes online training session at 1.30pm for the same. The various guidelines that students need to follow during their menstrual period was given for examples; Wear lightweight, breathable clothing, change your menstrual products regularly, keep your genital area clean, use unscented toilet paper, tampons, or pads, Drink enough liquids Etc. Total 17 students were participated.

Submitted By

Ms. Nitu B. Jaiswal

ICC Convenor

A handwritten signature in green ink, appearing to read "A. Jaiswal".

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Nitu Jaiswal <[jaiswal.b.nitu@gmail.com](mailto:jaiswal.b.nitu@gmail.com)>  
To: [vidya.r@globalhunt.in](mailto:vidya.r@globalhunt.in)

Tue, Feb 22, 2022 at 10:58 AM

thank you so much certificates received

Regards  
nitu  
[Quoted text hidden]



  
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vidya.r@globalhunt.in sent you Certificates via WeTransfer

2 messages

WeTransfer <noreply@wetransfer.com>  
Reply-To: vidya.r@globalhunt.in  
To: jaiswal.b.nitu@gmail.com

Fri, Feb 18, 2022 at 5:30 PM



vidya.r@globalhunt.in  
sent you Certificates

1 item, 21.5 MB in total · Expires on 25 February, 2022

**Certificates**

Dear Ma'am

Greetings

Please download E certificates through below link.

Regards  
Vidya R

Get your files

**Download link**

<https://wetransfer.com/downloads/709a657b8709c4e3f0f5a28328d616d920220218115916/9f1111341e6468140268d2432db1da3a20220218115935/5f454b>

**1 item**

Certificate  
■ Folder · 35 items



*Arul*  
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**Zoom link for menstrual hygiene training for girls**

1 message

GlobalHuntFoundation-VidyaR <vidya.r@globalhunt.in>  
To: Nitu Jaiswal <jaiswal.b.nitu@gmail.com>

Mon, Nov 22, 2021 at 3:05 PM

Dear Ma'am

Please find below the zoom link for menstrual hygiene session scheduled on 27<sup>th</sup> Nov 2021 (Saturday) @ 1:30 pm .

Join Zoom Meeting  
<https://zoom.us/j/96627140296?pwd=cDAvRmVvcEdzZUplTE9Pa2NGYVZPZz09>

Meeting ID: 966 2714 0296  
Passcode: 862202

Regards

Vidya R

From: Nitu Jaiswal [mailto:jaiswal.b.nitu@gmail.com]  
Sent: 22 November 2021 12:19  
To: GlobalHuntFoundation-VidyaR <vidya.r@globalhunt.in>  
Subject: confirmation of the 45 minutes menstrual hygiene training for girls of our college.

Dear Vidya,

Greetings of the Day...

As discussed we would like to confirmed the 45 minutes menstrual hygiene training for girls of our college, through virtual conferencing mode. on 27th of November 2021 at 1.30 pm.

We also request you to kindly provide the e-certificate to student who are attending this session the list will be provided after completion of the program on same day.

please confirm the same and following details.

Name of College: Shri Balasaheb Tirpude College of Hotel Management and Catering Technology

Location: Nagpur

Session Coordinator : Ms. Nitu Jaiswal

No of Students : Approx. 50

Date: 27th November 2021 at 1.30 pm

Online Platform: zoom

Thanks & regards,

Nitu Jaiswal

Assistant Professor and ICC Conveyor

Shri Balasaheb Tirpude College of Hotel Management and Catering Technology



*Aandulk*  
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College of Hotel Management  
& Catering Technology, Nagpur

**confirmation of the 45 minutes menstrual hygiene training for girls of our college.**

2 messages

Nitu Jaiswal <jaiswal.b.nitu@gmail.com>  
To: vidya.r@globalhunt.in

Mon, Nov 22, 2021 at 12:18 PM

Dear Vidya,  
Greetings of the Day...

As discussed we would like to confirmed the 45 minutes menstrual hygiene training for girls of our college, through virtual conferencing mode. on 27th of November 2021 at 1.30 pm. We also request you to kindly provide the e-certificate to student who are attending this session the list will be provided after completion of the program on same day.

please confirm the same and following details.  
Name of College: Shri Balasaheb Tirpude College of Hotel Management and Catering Technology  
Location: Nagpur  
Session Coordinator : Ms. Nitu Jaiswal  
No of Students : Approx. 50  
Date: 27th November 2021 at 1.30 pm  
Online Platform: zoom

**Thanks & regards,**  
Nitu Jaiswal  
Assistant Professor and ICC Conveyor  
Shri Balasaheb Tirpude College of Hotel Management and Catering Technology

GlobalHuntFoundation-VidyaR <vidya.r@globalhunt.in>  
To: Nitu Jaiswal <jaiswal.b.nitu@gmail.com>

Mon, Nov 22, 2021 at 12:24 PM

Dear Ma'am

Thank you so much for sharing the details .

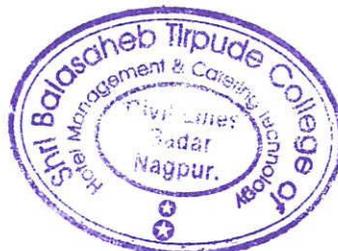
The session is confirmed from our end . I will share the zoom link by soon .

Regards

vidya R  
[Quoted text hidden]

[Click here to report this email as spam.](#)

This message has been scanned for malware by Websense. www.websense.com



*(Handwritten Signature)*  
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This is to certify that

**Sanjana Singh**

Student of Yugantar Education Society's Shri Balasaheb  
Tirpude College of Hotel Management & Catering Technology participated  
in the Webinar Titled

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in association with Unicharm India & GlobalHunt Foundation

*Tanu Goel*

Tanu Goel, Director



*Arul*



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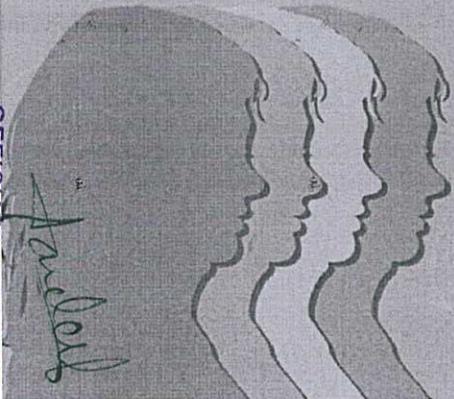
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**Shruti Girde**

Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

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*Shruti*



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**Shubhangi Patle**

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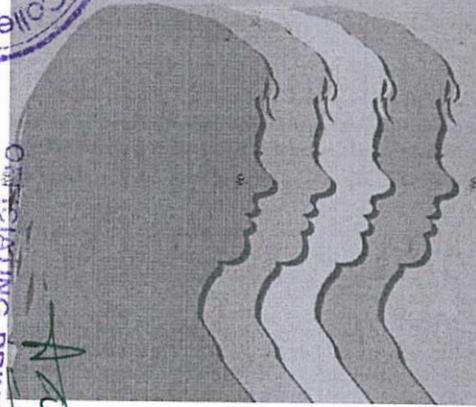
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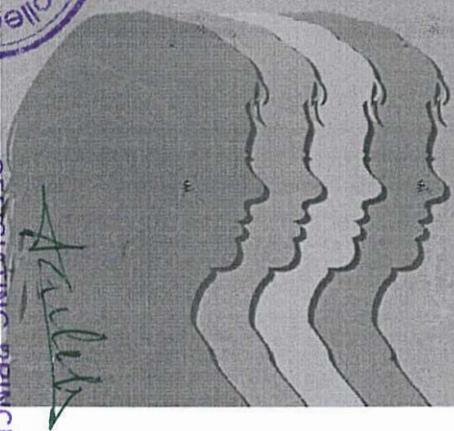
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**Snehal Agrawal**

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This is to certify that

**Esha Godambe**

Student of Yugantar Education Society's Shri Balasaheb Tirpude College of Hotel Management & Catering Technology participated in the Webinar Titled

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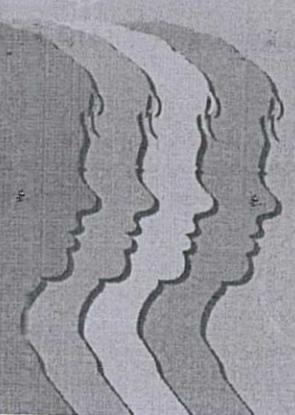
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*Ashok*





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**Gloria Francis**

Student of Yugantar Education Society's Shri Balasaheb  
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**Lina Gulade**

Student of Yugantar Education Society's Shri Balasaheb  
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**Manjiri Admane**

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*Arshita*





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**Prachi Nagrale**

Student of Yugantar Education Society's Shri Balasaheb  
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*Prachi Nagrale*





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*Arun*





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**Salonee Randhir**

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**Samidha Deshpande**

Student of Yugantar Education Society's Shri Balasaheb  
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**Sanika Junghare**

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*Arvind*

