



YUGANTAR EDUCATION SOCIETY'S

SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

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AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 26/092018

To,

The Principal,

Shri Balasaheb Tirpude College of
Hotel Management and Catering Technology,
Nagpur.

Subject: Submission of report on 'Women's Self Defense Training conducted by NSS Unit and ICC committee of College' dated on 24th September, 2018 at Classroom VI for the Academic Year 2018-19 between 10.00hrs-12.00hrs.

Respected Sir,

I undersigned, submit the report on 'Women's Self Defense Training conducted by NSS Unit and ICC committee of College' dated on 24th September, 2018 at Classroom VI for the Academic Year 2018-19 between 10.00hrs-12.00hrs.

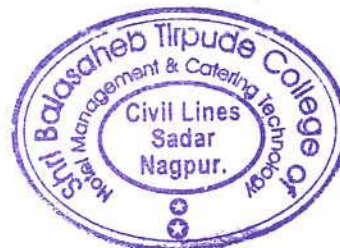
Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Event Co-Ordinator

Event Co-Ordinator



OFFICIATING PRINCIPAL
Shri Balasaheb Tirpude
College of Hotel Management
& Catering Technology, Nagpur

NATIONAL SERVICE SCHEME ACTIVITY

NAME OF THE EVENT: Session on self-defense for girls.

DATE: 24/09/2018

NUMBER OF STUDENTS PRESENT: 50

NUMBER OF NSS MEMBERS PRESENT:::05

NUMBER OF PARTICIPATING FACULTY MEMBERS: 02

CONTRIBUTION MADE BY: The students of Shri BalasahebTirpude College Of Hotel Management And Catering Technology, Civil Lines, Sadar, Nagpur.

NAME OF THE BENEFITTED ORGANISATION:Shri BalasahebTirpude College Of Hotel Management And Catering Technology, Civil Lines, Sadar, Nagpur.

ADDRESS: Civil Lines, Sadar, Nagpur.

TASKS UNDERTAKEN:

1. The female students of the college were gathered in a class.
2. Mr.SandeshRangari and Mr.Mitesh Pandey of the same college told about various dangerous situations that girls might face in everyday lives.
3. They illustrated self-defense techniques that the girls might use to defend themselves.
4. The girls were told to be empowered and confident while using these techniques.

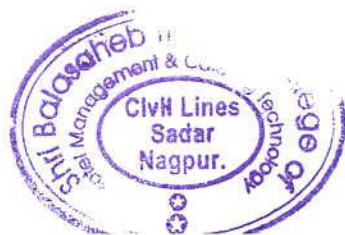
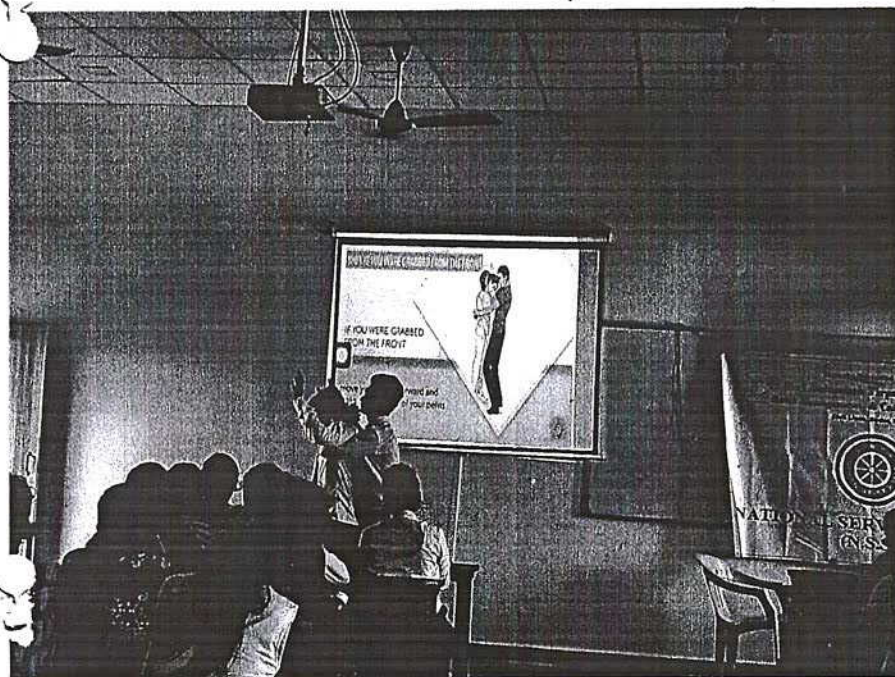
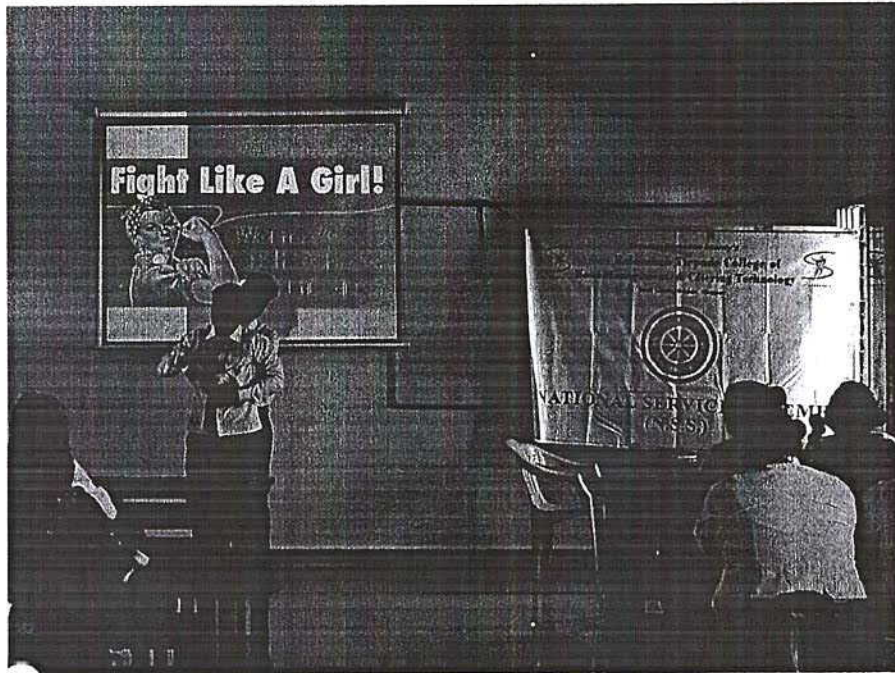
FEEDBACK FROM THE ORGANISATION: The session proved to be useful in terms of girls' safety.

Achievements:

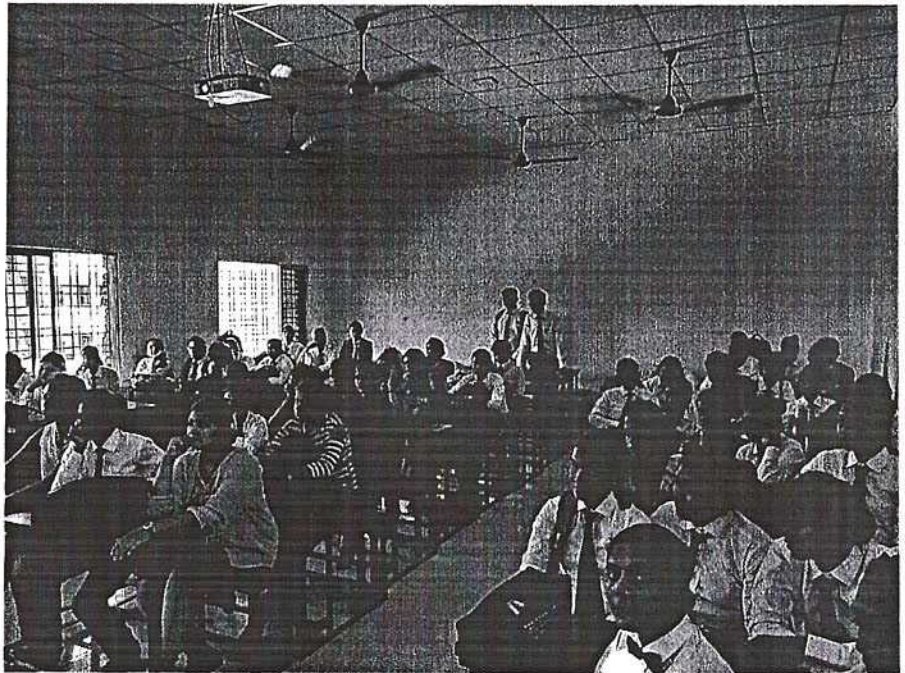
1. The activity was successfully carried out.
2. The girls were made aware about the techniques they can use when faced by dangerous situations.



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