



**Gojiri**

**Sanitary Napkin**  
VENDING & DISPOSAL MACHINES

**Eva's Innovative solutions & Products**

**Gojiri Movement**  
Since 2016

**MISSION**  
To be the No. 1 Women Sanitization Partner by facilitating each female to be free from the worries of Menstruation hygiene challenges in India.

**VISION**  
To create best menstruation care & GUILT free India through the passion we have for women equality, Diversion-inclusion & sustainable innovative solutions



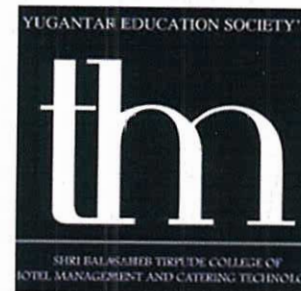

E-301, Classic Amba, Medical Sq. to Ajni Road, Opp. T. B. Ward Gate, Nagpur - 440003  
Contact : 9325243752

Mumbai office - Near RBL Bank, Gokhale Road, Dadar. Contract No- 8010789006

Pune office- Citadel, BT Kawade Road.  
Contact No- 9326139634

**All capacity basic to Advance Technology Machines.**

ICC & NSS Unit of  
Shri Balasaheb  
Tirpude College of  
Hotel Management  
and Catering  
Technology, Organizes



On 17/06/2023  
@ Training  
Restaurant & Bar

Menstrual Health  
Hygiene Session by  
Avinash Thakre



YUGANTAR EDUCATION SOCIETY'S

# SHRI BALASAHEB TIRPUDE COLLEGE OF HOTEL MANAGEMENT & CATERING TECHNOLOGY

(Approved by AICTE, New Delhi, Govt. of India, Govt. of Maharashtra & RTM Nagpur University, Nagpur)

1, Shri Balasaheb Tirpude Marg, Civil Lines, Sadar, Nagpur - 440 001  
Phone : (O) +91 712 2550695 Fax : +91 712 2550695  
Email : tirpudehmct@gmail.com, Visit us at www.tirpudehmct.ac.in

AICTE Permanent Institute Id : 1-14318331 • DTE Institute Code : HM4219 • RTM NU College Code - 007 AISHE Code : C-18976

Date: 17/06/2023

To,

The Principal,

Shri Balasaheb Tirpude College of

Hotel Management and Catering Technology,

Nagpur.

Subject: Submission of report on 'Menstrual Health and Hygiene Session' Conducted Orange Techo under the Gojari Movement, held on 17<sup>th</sup> June, 2023 at Training Restaurant and Bar for the Academic Year 2021-22, between 10 00-11 00hrs.

Respected Sir,

I undersigned, submit the report on 'Menstrual Health and Hygiene Session' Conducted Orange Techo under the Gojari Movement, held on 17th June, 2023 at Training Restaurant and Bar for the Academic Year 2021-22, between 10.00-11.00hrs.

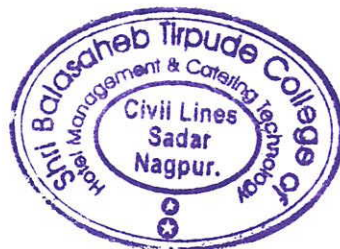
Kindly acknowledge the receipt & oblige.

Thanking you,

Yours Faithfully,

Event Co-Ordinator

Event Co-Ordinator



OFFICIATING PRINCIPAL  
Shri Balasaheb Tirpude  
College of Hotel Management  
& Catering Technology, Nagpur





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Ref: SBT/ HMCT/ 2023/ 482

Date: 17/06/2023

To,

Mr. Avinash Thakre,

Orange Techno,

Nagpur

Thanks Letter.

Dear Sir,

On Behalf of Management, Staff and Students of this Institute I, the Undersigned would like to extend my sincere thanks for Providing Informative session on "Menstrual Health and Hygiene" and sharing your knowledge with our students.

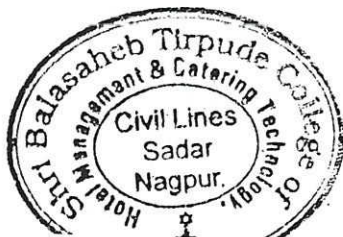
I feel that the session was fruitful to the female student for their betterment and male in near future in case arise of any emergency situation.

Looking ahead for a long and meaningful association.

Thanking You.

With warm regards,

  
NITU JAISWAL  
Assistant Professor







YUGANTAR EDUCATION SOCIETY'S  
**SHRI BALASAHEB TIRPUDE COLLEGE OF  
HOTEL MANAGEMENT & CATERING TECHNOLOGY**

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Reference no: SBT/HMCT/IL/2023/ 480

Date: - 16/06/2023

To,  
Mr. Avinash Thakre,  
Orange Techno,  
Nagpur

Subject: Invitation for conducting the Informative Session on Menstrual Health and Hygiene on  
17.06.23 Between 10.00-11.00hrs.

Respected Sir,

With reference to above mentioned subject, we would like to invite you to organize the  
Informative Session on Menstrual Health and Hygiene on 17.06.23 Between 10.00-11.00hrs.  
Hoping for long and meaningful association.

Thanking you,

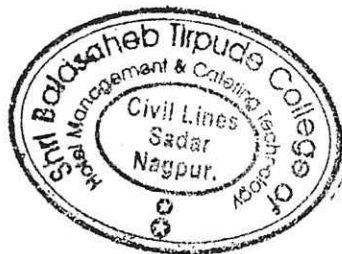
Regards.

Nitu B. Jaiswal

(Assistant Professor)

9372167250

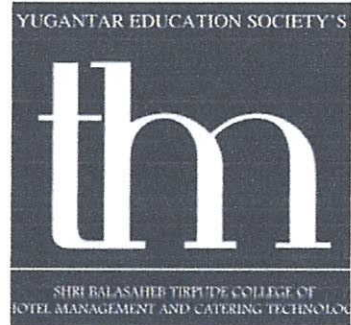
**NITU JAISWAL**  
Assistant Professor  
Shri Balasaheb Tirpude  
College of Hotel Management  
Catering Technology, Nagpur







## MENSTRUAL HEALTH HYGIENE SESSION BY AVINASH THAKRE



ICC & NSS UNIT OF SHRI BALASAHEB  
TIRPUDE COLLEGE OF HOTEL  
MANAGEMENT AND CATERING  
TECHNOLOGY

On 17/06/2023 @ Training Restaurant & Bar

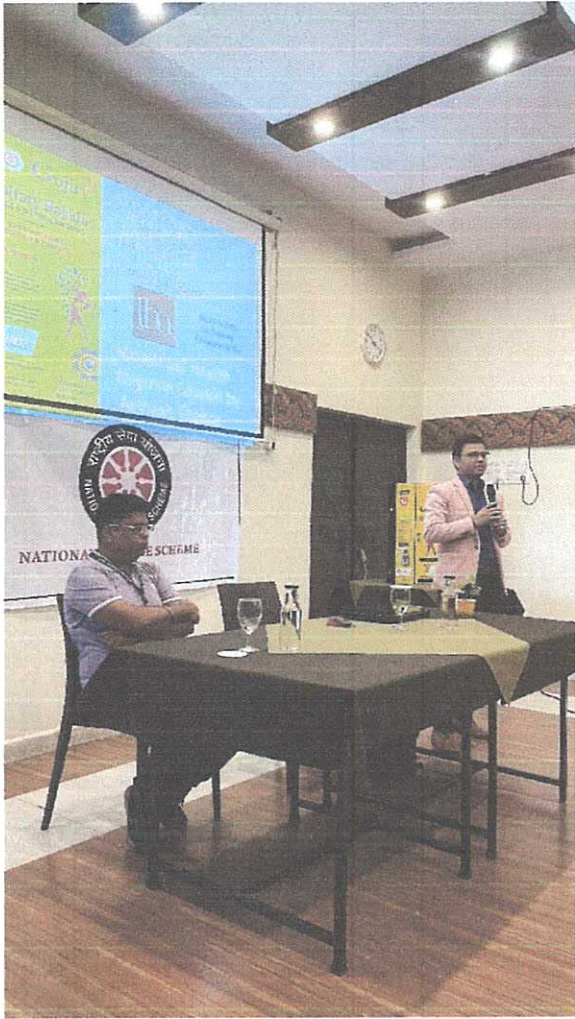
With the increase in number of female students enrolling in to college and to create safe and healthy atmosphere for them college had organises the Menstrual Health and Hygiene session which is essential to the well-being and empowerment of women and adolescent girls. The aim of this session was to create facilities that effectively manage their menstruation as girls and women require access to water, sanitation and hygiene (WASH) facilities, affordable and appropriate menstrual hygiene materials, information on good practices, and a supportive environment where they can manage menstruation without embarrassment or stigma.

The main highlight of this event to including Male students and staff in over period of time it had been seen that this topic is equally important to bring forward into male generation for understating the importance of Menstrual Health and Hygiene for women as the resulting lack of information about menstruation leads to unhygienic and unhealthy menstrual practices and creates misconceptions and negative attitudes, which motivate, among others, shaming, bullying, and even gender-based violence. For generations of girls and women, poor menstrual health and hygiene is exacerbating social and economic inequalities, negatively impacting their education, health, safety, and human development.

With the help of session college had inditiated step towards to break this mentality. This session was conducted by Mr. Avinash Thakre from Orange Techno, under Gojri Movement. Concluded by demonstration of using Sanitary Despensing Machine which was installed in Girls Common Room at Second Floor.









## Shri Balasaheb Tirpude college of Hotel Management &amp; Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
 Organized By: ICC & Nss Unit Date of Event: 17/06/23

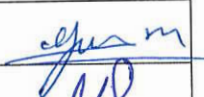
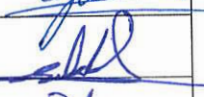

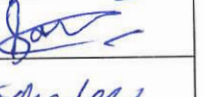
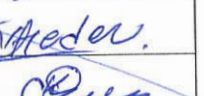
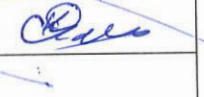
## Participants Details

Sr. No.	Name of Student	Semester	Contact No.	E-Mail	Signature
1.	Shabdali Nagare	Sem-II	7972930866	shabdalinagare@gmail.com	
2.	Sumit S. Deshmukh	sem II	7498508062	deshmukhsumit176@gmail.com	
3.	Priyanshu Lokhakar	Sem II	8459053818	Priyanshulokhakar07@gmail.com	
4.	Yash S. Dhadkar	Sem II	9370390489	dhadkary@gmail.com	
5.	Tejas Haware	Sem II	9022955106	hawaretejas2@gmail.com	
6.	Kajal Dhapodkar	Sem II	8262914854	kajaldhapodkar3@gmail.com	
7.	Yashika Patil	II Sem	7843840869	yashikapatil231@gmail.com	
8.	Vishrut Mahule	II Sem	8262043461	vishrutmahule@gmail.com	
9.	Shubham G. Pingrekar	II Sem	9130095575	shubham.pingrekar0737@gmail.com	
10.	Nayan Ghogare	II Sem	7410525409	nayanghoga7@gmail.com	
11.	Rash Kure	II Sem	9373555811	RashKure80@gmail.com	
12.	Madhulika Manawade	4 <sup>th</sup> Sem	9325408964	Madhulikamanawade14@gmail.com	
13.	Saurabh Tambe	4 <sup>th</sup> Sem	9325708315	saurabhtambe2577@gmail.com	
14.	Prateek Mishra	4 <sup>th</sup> Sem	8237923115	prateekmishra0712@gmail.com	
15.	Khushal Nanaware	4 <sup>th</sup> Sem	9049331444	khushalanaware@gmail.com	

Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
 Organized By: ICC & NSS Unit Date of Event: 17/06/23

Participants Details

Sr. No.	Name of Student	Semester	Contact No.	E-Mail	Signature
1.	Gaurav Meshram	5 <sup>th</sup> Sem	9830262762	gmeshramgaurav@gmail.com	
2.	Jadhavshankar Meshram	4 <sup>th</sup> Sem	9551911467	Jadhavshankar.Nimesh@gmail.com	
3.	Bathamesh Katarke	-11-	8262952605	Bathameshkatarke@gmail.com	
4.	Saunyak Gajghate	3 <sup>rd</sup> Sem	72494682200	Saunyakg2002@gmail.com	
5.	Vaibhav Medaw	3 <sup>rd</sup> Sem	8411823369	Vaibhav.Vh.Vh@gmail.com	
6.	Om Gaidhane	3 <sup>rd</sup> Sem	9922065077	OmGaidhane77@gmail.com	
7.					
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Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene session by Avinash Tikhe

Organized By: JCC & NSS unit

Date of Event: \_\_\_\_\_

Participants Details

Sr. No.	Name of Student	Semester	Contact No.	E-Mail	Signature
1.	Ayush Kalankar	II sem	7218724849	Kalankar.ayush@.	
2.	Alok Sharma	II sem	8237865699	Aloktanna@gmail	
3.	Govind Mehta	II sem	7498387334	Govindmehta603@fr	
4.	Somesh Dakhra	II sem	7559142059	sem21somesh@gmail.com	
5.	Sujal Gaikwad	II sem	7558714348	gaikwadsujal598@	
6.	Sanskriti Pardawane	II sem	7020718983	sanskritipardawane2@gmail.com	
7.	Pooja Sharma	II sem	9766598901	PoojaSharma01611@gmail.com	
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15.					



Teaching Staff

Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
 Organized By: ICC & NSS Unit Date of Event: 17/06/2023

Participants Details


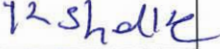
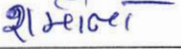
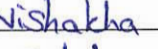
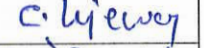

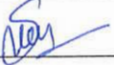
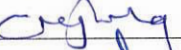
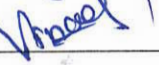
Sr. No.	Name of Student	Semester	Contact No.	E-Mail	Signature
1.	Dr. Diphi S Manapur	Librarian	9423111201	manapurdiphi27@gmail.com	Diphi
2.	Ms. Neha / Anandchade		7020021671	nehawanjchade24@gmail.com	Neha
3.	Ms. Nitu Jaiswal				
<u>Co-ordinator</u>					
4.	Yogesh Meelbham		8412024527	yog.nam16@gmail.com	Yogesh
5.	Aniket Kenekar		9960159298	aniket.kenekar@gmail.com	Aniket
6.	Bhupendra V. Shinde		8421699072	bshinde4989@gmail.com	Bshinde
7.	Sameer Bayule		9923400070	sameerbayule15@gmail.com	S Bayule
8.	Dr. Anil Santalekar		9960638893	anilsantalekar@hotmail.com	Anil
9.	Mr. Suraj. Hattimare		9112895575	surajhattimare@gmail.com	Suraj
10.	AKHAY DANDALE		9890888084	principal@tirpudehmt.ac.in	Akhay
11.	Nitu Jaiswal		9372167250	jaiswal.nitu@gmail.com	Nitu
12.					
13.					
14.					
15.					

Non-Teaching Staff

Shri Balasaheb Tirpude college of Hotel Management & Catering Technology, Nagpur

Name Of Event Menstrual Health Hygiene Session by Avinash Thakre  
Organized By: ICC & Nss Unit. Date of Event: 17/06/23

Participants Details

Sr. No.	Name of Student	Semester	Contact No.	E-Mail	Signature
1.	Rani A wankhade		8668216145		
2.	12. sholke		7028865928		
3.	शिवीत शिवराम		7352404572		
4.	nishakha shende		9595639564		
5.	Chhaya Lajewar		9158248581		
6.	शिवीत शिवराम		9975259080		
7.	Sudhir warbale		9960226560		
8.	Manjusha Bobale		8007777339		
9.	Vinod Meshram		9657203865		
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